

HONEY VIBES

"We are the pillars
of our nation."





HONEY BUNCH SENIOR SECONDARY SCHOOL, POLLACHI

MAGAZINE 2021



Art by - M.G. Ankitha Sree, 2 Calluna

"Reading is the key that opens doors to many things in life. Reading shaped my dreams and more reading helped me make my dreams come true"- Ruth Bader Ginsburg



Art by - K.S. Lingesh Vibhu, 5 Manuka



Art by - D. Alagu Laya, 6 Calluna

Vision

The vision at Honey Bunch is to focus on the all rounded development of every child in our care; our students continue to be at the heart of everything we do.

Mission

Honey Bunch believes that each child is unique and is blessed with immense potential. Here children are encouraged to perform at their best. Equal importance is given to academics and extracurricular activities. With the space and freedom given, they stand out in creativity.

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MESSAGE FROM EDITORIAL BOARD

The school magazine “Honey Vibes” is a collective work of teachers and students. Keeping in tune with the pandemic scenario, Honey vibes is published as an e-magazine. Students of HBS have showcased their abilities through articles and art work. At this juncture we, the editorial team thank our school management for giving such wonderful opportunities to students for exhibiting their talents in all possible ways.

Regards,

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UNSUNG COVID WARRIORS

On March 24, 2020, the word lockdown sprung up out of the blue!! Lockdown is not commonly heard or used in conversation. The entire nation in lockdown. A situation which I had not dreamt of even in my wildest dreams. For a moment staying put at home was inconceivable, a real nightmare and I was totally bewildered. It took a while to come to terms with the lockdown. Obviously hoping and praying fervently that this lockdown will be short-lived. Initially, I did not understand the gravity of the situation, gradually I realized the seriousness and impact of the situation. Some had the choice and could confine themselves to their homes. On the other hand, a multitude of people from various professions like doctors, health care workers, frontline workers, public service providers, greengrocers, hawkers, and many more were in deep waters left without a choice. They continued to work and extend their service during this unprecedented crisis. Particularly people working in the health care sector were vulnerable to this highly infectious virus.

The list of health care workers includes doctors, nurses, pathologists, paramedics health care administrators, ward boys, ambulance drivers, hearse drivers, medical cleaners, mortuary workers who worked tirelessly sacrificing their lives to save others. In the beginning, the nurses had to stay in the hospital for several days and unable to be with their families. The hardship they experience, caged in the PPE for long hours is unbelievable. Earlier they were afraid to handle the patients, later overcame this fear because the volume of patients surged.

Primarily when the virus broke out the whole nation was in the dark, life turned upside down for everyone. The country was fighting hard to ramp up the testing facility and treatment. The medical fraternity was not fully equipped to handle the chaotic situation. Nevertheless, health care started equipping and

managing the infected people successfully. Fortunately, the medical understanding of the virus is progressing and health care is able to combat it.

In the midst of much uncertainty and disaster vaccine was the only solution one could think of. The concerted effort of all the scientists and researchers who have worked day in and day out against all odds have successfully created the vaccine in an incredibly short span. This could potentially save millions of people.

The vaccine is now on the roll and it will take a considerable amount of time for the whole country needs to be covered. The second wave is rising exponentially. The altruistic covid warriors are fighting continuously to save the lives of people, consequently have lost their lives in the line of duty. I had an opportunity to meet a Head nurse working at the government hospital in Pollachi. I was stunned and touched by her selflessness. When I appreciated her dedication and the health care team, she very humbly said we take care of the patients and God will take care of us. Unconditional faith in the Divine gives her the strength and energy to handle this uncertain crisis.

Dear friends let us acknowledge, appreciate and stay grateful till the end of our lives to the selfless covid warriors. They are the unsung warriors in these challenging times.

***Mrs. Meena Meyyappan. M. A., B. Ed.,
Correspondent.***

START YOUR DAY

Dear students,

Anything done in life needs discipline. To achieve anything in life keep on doing it regularly. If you keep on doing it regularly, it becomes a habit. Don't miss out to do regularly even if you are busy because the rewards of regularity and consistency are huge. Scientifically it is proven that human beings have limited capacity when it comes to will power and discipline. So, pick up a single goal in life, be committed, ignore your feelings, be clear in your vision, start your race and finally catch out the wagon. Success doesn't come when you do things occasionally but comes when you do consistently. Every journey starts with a single step. Success is about taking one small step every day and not waiting for big breaks. Most people fail because they think that reaching their goals is about taking big actions and creating huge results. Action is the foundational key to success. There is no elevator to success, you have to take the stairs, climb up the mountain and reach the peak of success. The secret of your future is hidden in your daily routine. Don't wait. The time will never be just right and remember that great things never come from comfort zones. Success is the sum of small efforts repeated day in and day out. Start your day my dear students.

All the best!

***Mrs. R. Maheswari M.Sc., B.Ed., M.Phil
Principal***

A FAMILY OF LEARNING...

Education is a life-long learning process. Learning happens all the time; not only in a pre-designated place called school, but also at home and between home and school. The home's and school's mission therefore is to provide a learning environment and opportunities to the children as the learners.

We offer a broad curriculum and a range of opportunities for all our students to achieve excellence in academic, creative, social, cultural, sporting and community endeavors. We value collaborative learning, positive relationships and building capacity amongst our students to effectively allow them to engage in future, where problem solving, evaluating, working in teams, communicating, creating and innovating are not only valued concepts, but expected skills, attributes and capabilities.

We support the individual wellbeing of our students and provide a school environment that allows every student to thrive as they work towards achieving their best performance. We set high expectations for our students and work hard to safeguard positive emotions across our school community. We are partners in learning with our students and seek to deepen their knowledge, provide enriching and innovative learning experiences, and also gently urging our students to come out of their comfort zone to face challenges.

Our teachers approach the classroom with a lot of dedication. Teacher-student relationships take time to develop and deepen and need a climate of love and trust. The relationship should be continued between teachers and students both within the classroom and in the wider school environment and we emphasize on this relationship.

Parental involvement in a child's education process is both a gift to your child and a gift to the school. This partnership is strongly encouraged and highly valued at Honey Bunch.

The distinctive and firm underlying philosophy of our school is to provide Global Education while being steeped in the rich values. Our emphasis is to create a society of progressive, individuals who will contribute to the intellectual development of the global Community.

We value igniting the spark of creativity and curiosity in our students and will continue doing it.

***Mrs. Mini Jose. B.A., B.Ed,
Primary Head***

KIDDOS GLEE

LKG

K.Thanvisha



K.Ridhu yazhini



S.Kritiksai Mariappan



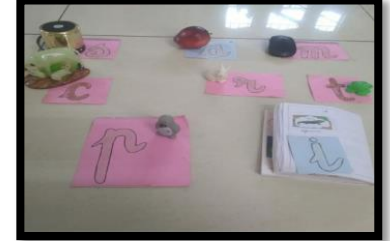
A.N.Satvik



S.Dhanya



L.Sashwath



K.Dhiya



S.Sai Chakravarthy



A.K.K.Tharanraj



S.A. Shree Swasthika



R.Adith Krishna



K.Dhiya



S.Risha

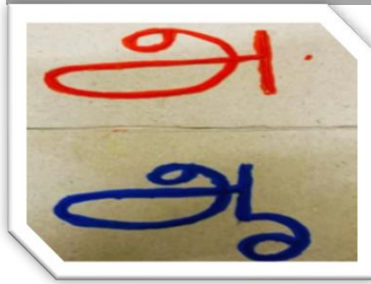


KIDDOS GLEE LKG

S.S.Kanyaka



S.K.Risik visagan



S.Risha



R.AdithKrishna



L.Sashwath



G.D.Jaasumaki



K. Dhiya



S.A. Shree Swasthika



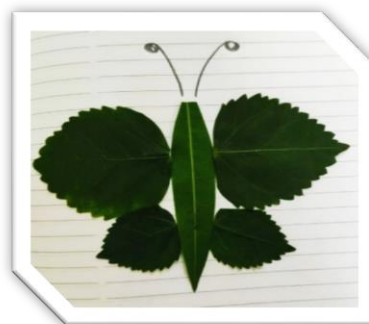
A.K.K. Tharanraj



F.Anaya



S.Ahanyan



AN EVENTFUL JOURNEY

*That nightfall the thought of the resulting day plans
Slices of vision, slices of excitement
Discreet minute check for substance
Set out for a trip all the four for a vacation
A 30 mile ride to pass through without deep stress
Setting an eye on the moment to commence
At an elongated shot, reached the take off
At a far distance she rails through
She nears and nears through a dense lush of green
Halts slowly, people descent while I can't wait for my ascent
The change of guard, rear mocking the front
Only minutes before it starts again
Starting the ride, through the green again
Through ponds, forests, green, the smell of fresh air
Onlookers excused, a whistling 10 stops
Never over sped, never tired, chill drops, as to greet
Scenic view of mountains, temples and trees
Sweet scent of soil, classic view of fields, strolling through green fields,
Pushing herself through and through
Through villages, ups and downs, the curves
Through tall coconut trees, through rubber, oh the scent oh scent
Charming birds respond, nocturnal sound
The whistle blows as it to notify she is smiling
Curving herself along en-route, strolling slowly
60 minutes on, a slow walk through to the doors
As she prepares to take back passengers like me
Countdown for my next travel.*

Ms.Deepa Nair - B.Sc.,B.Ed ,Teacher

KIDDOS GLEE - LKG

S.Advika



R.Adithkrishna



M.Guru Krishnav



M.J.Mohamed Ahil Farhan



N.Rasthra



S.P.Nilaandhika



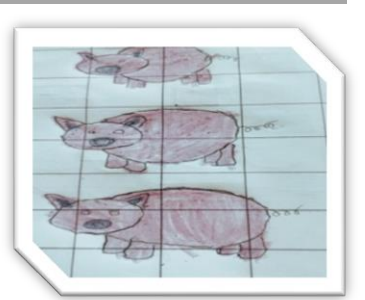
G.D.Jaasumaki



V.S.Kavimithra



A.N.Satvik



S.A.Shree Swasthika



A.Deshan



K.Midhun



K.Krithvi

K. Chadur Vedik



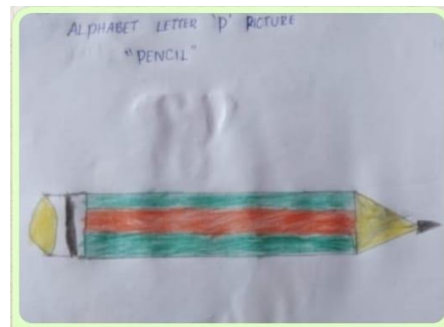
KIDDIE ARTEFACTS

LKG

A.K.K. Tharanraj



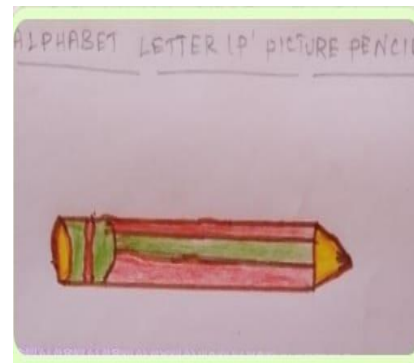
A.Deshan



S.S.Kanyaka



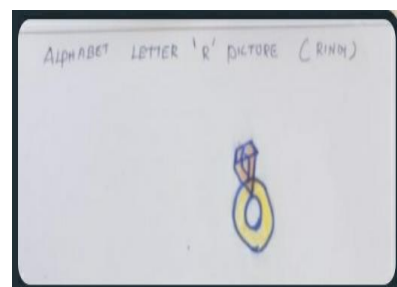
S.A.Shree Swasthika



F.Anaya



K.Dhiya



SINGLE MINDED CONCENTRATION

Once Dronacharya, royal guru of Pandavas and Kauravas decided to test the princes' skills. So the guru asked the princes to aim their arrow at the toy bird's eye which was tied to a tree's branch. After their aim, Dronacharya asked them to describe what they could see when they aimed the arrow. The princes described in their perspectives like leaves, birds, trees, branches, woods, sky. But Arjuna with his single minded concentration told that he could see only the bird's eye. This made him to block out all the distractions and to achieve his goal.

This story tells us almost everything we need to know about single minded concentration.

Concentration needs meditation to have repeated practice of controlling mind in a gentle way. Our mind keeps wavering and gets distracted. So each time we should try to bring our wavering mind to the point of focus. This repeated practice helps us to improve and become masters in concentration skills to single point focus.

‘Mastery depends on our focus, patience and practice not on luck’

Robin Sharma

Ms.B.Kalpna , M.Com.,M.Phil., B.Ed.

Teacher



நாங்கள் யார்?

அழகிய புன்னகையையும்
மழலைப் பேச்சையும்
ரசித்துக் கொண்டிருந்தகாலம் அது!
இப்போது தொலைபேசி காண்பிக்கும்
முகச்சிரிப்பின் ஈரம்
உணர முடியாமல் தவிக்கிறோம்!
நாங்கள் யார்?
எங்களை அன்போடு
முத்தமிட்ட இதழ்களையும்,
பாசத்தோடு பார்த்த கண்களையும் ,
இப்போது தீண்ட முடியாதபடிக்கு
தொலைபேசியின் முன் செயலற்று
ஏங்கித் தவிக்கும் நாங்கள் யார் ?
கொரோனா முடிவுக்குப் பின்வரும்
அந்த ஒரு அற்புதமான விடியலில்
எங்கள் சின்னஞ்சிறு பிஞ்சுகளின்
வெள்ளி முகத்தைக்காண
தவிக்கும் நாங்கள் யார்?
இறைவனை வேண்டி
கொரோனா மறையும் நாளுக்காக
காத்துக் கொண்டிருக்கும் நாங்கள் யார்?
பதிலுக்கும் புதிய பழைமைக்கும்
காத்திருப்போர் தான் நாங்களோ!

**திருமதி.அனிதாராமசாமி BCA.,
ஆசிரியை**



AREA OF WONDERMENT

UKG

R.Mukhil



K.S.Anusri



R. Harish Pranav



Ayini Premnath



S. Arishkar



Ayini Premnath



R.S.Anvetha



R.Sai kavin



M.Ritvikraj



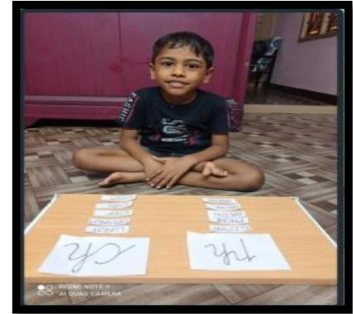
A.Ashwanth sendhan



S.Ahil Mayuran



S.Avishkar



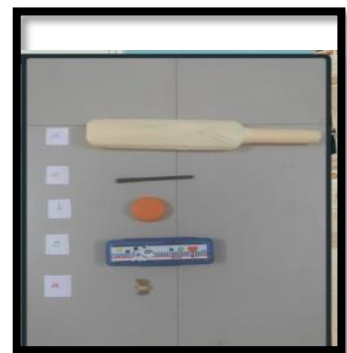
K.S.Anusri



A.Ashwanth sendhan



P.Karin



R.D.Parinnithish



R.Sai karin



நட்பு

பார்த்ததும் கண்டு சிரிப்பதும் - போனதும்
இகழ்ந்து பழிப்பதல்ல நட்பு!

பழகுகையில் நிலைப்பதும் தவிக்கையில்
உயிரைக் கொடுப்பதுவே நட்பு!!

தேவையில் தேடலும் தீர்ந்ததும் - பின்
மாறலும் அல்லவே நட்பு!

தாகத்தில் தடாகமாய் - தளர்ச்சியில்
தலைசாயத் தோள்களுமாய் இருப்பதுவே
நட்பு!!

முகம் கண்டு மலர்வதும் - பின்
புறம் பேசித் திரிவதல்ல நட்பு!

அகம் கண்டு அன்புகொண்டு ஆற்றொணா
துயரினிலே ஆருயிராய்த்துடிப்பதுவே நட்பு!!

இளமையிலே இனிய கதை பேசி
இன்புறச் செய்வது மட்டுமல்ல நட்பு!

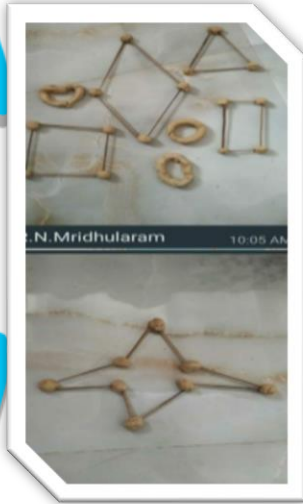
இன்னலுறும் வேளையிலே - கருவிழிக்கு
கண்ணிமைப் போல் காப்பதுவே நட்பு!

திருமதி.ஜீனத்பேகம்B.A.,B.Lit.,D.EL.ED,

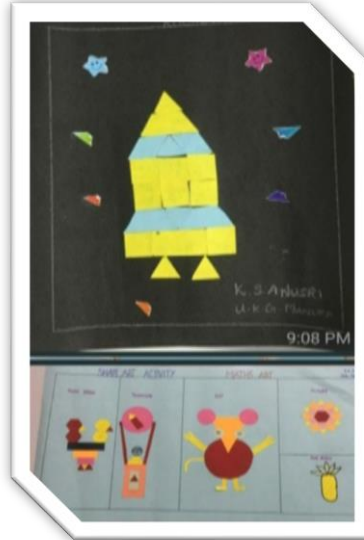
ஆசிரியை

AREA OF WONDERMENT **UKG**

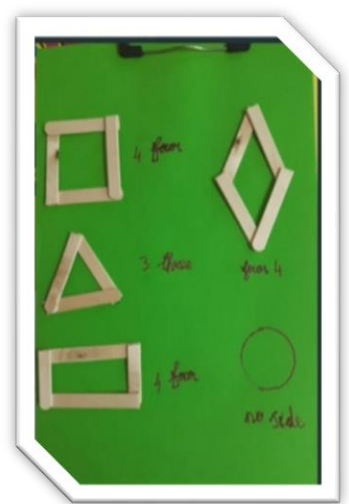
R.N. Mridhula Ram



K.S.Anusri



R.S.Anvetha



V.Shree Vimanthani



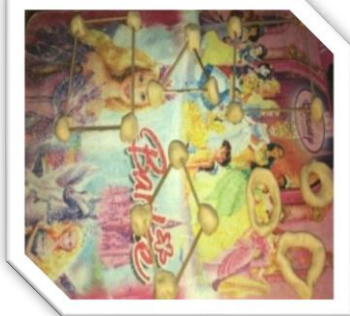
R.S.Anvetha



R.S.Anvetha



S.Aadhiran



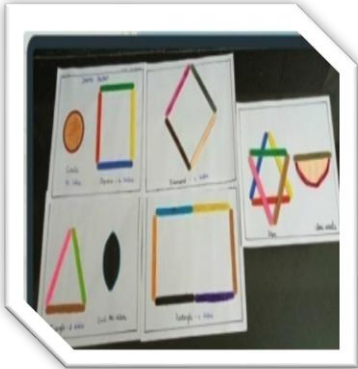
R.Naren



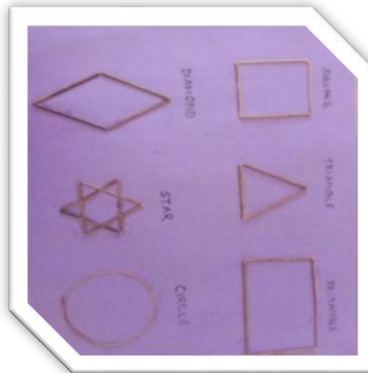
P.Tanvi



P.Ajay



Ayini Premnath



K.S.Anusri



V.Yuvikaa



R.Ilamathi

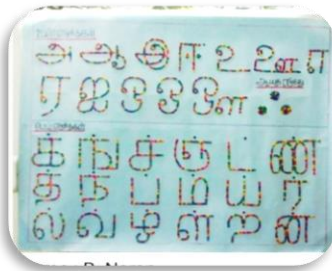


K.S.Anusri

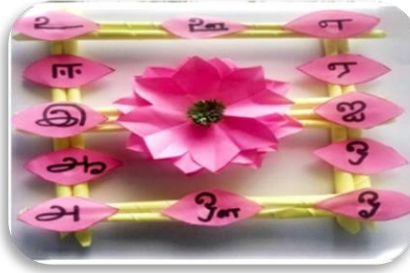


AREA OF WONDERMENT UKG

R.Naren



P.Krithwin Ram



R. Sai kavin



P.Ajay



R.S.Anvetha



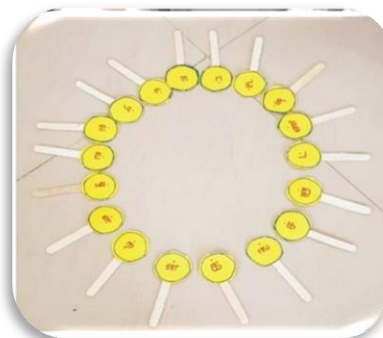
P.Ajay



P.Tanvi



R.Sai kavin



AWESOME ARTWORK

UKG

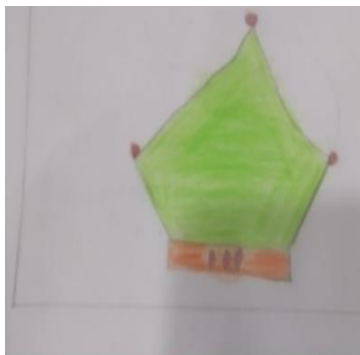
P.Ajay



R.Mukhil



K.S.Anusri



M.Nikhita



K.S.Thuvaraka



R.Harish Pranav



R.Naren



R.Harish Pranav



THE INTELLIGENT BOY

Rahul was a 5 year old boy. Soon after his father had arrived home from office, he asked his father to play with him. His father told that he was so tired and he could not. But the boy did not understand and wanted to play with him.

His father found a way to keep his son busy. He had a magazine with a picture of the world on the cover. He pulled out the page and tore it into many small pieces. He told Rahul to put the pieces together to get the picture of the world.

He knew that the task would take more time meanwhile he could take some rest. But within 5 minutes Rahul came back and told that he had finished the task. His father was surprised and asked how he had completed it. He replied that it was very easy. On the other side of the picture was the picture of a man and he fixed the pieces of the picture of the man together and automatically he got the picture of the world. Finally he appreciated the boy and accepted to play with him.

Moral:

Always look at an issue from a variety of perspectives.

PRACTICE SELF-CARE

“It is so important to take time for yourself and find clarity. The most important relationship is the one you have with yourself.”

- Diane Von Furstenberg.

These lines have been greatly imbibed in my mind and heart.

Thinking means the ability to look at the situation, process information, hold attention and come to an appropriate conclusion. It is more influential in nature. Sometimes, it may lead to negative thoughts, and as a result, ‘stress’ enters into a person’s life. We are not able to cope with the stress that comes on our way where we get exhausted physically and emotionally.

In order to get rid of the stress, some strategies can be adopted which help to build up simple, habitual actions that create balance and well-being in life, called self-care. It is good for us, especially when it comes to stress. Acquiring a good night's sleep makes our mind feel better.

Besides, it helps to improve our focus, increase our cognition level, regulate emotions, and lifts our immunity. Similarly, going out for a walk, doing exercise, practicing healthy eating habits, learning something new, interacting with your loved ones, making time for your favourite hobby, and meeting with parents’ group or other social group help to increase our energy level. So, we can explore and create some time in our schedule to devote ourselves to activities that we enjoy. It makes our life stress-free and beautiful.

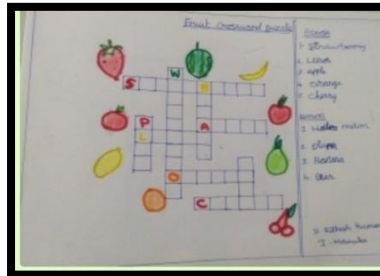
Ms.N.Shanmuga Priya M.A.,B.Ed.,M.Phil, Teacher

LIL.. BEES FANCY TIME- *Grade-1*

B.Karthik



S.Rithishkumar



G.Samrithi



V.Vishvadev



N.S.Anudeepika



Arpana Ramakrishnan



T.P.Shri Samyuktha



B.Anindhith



Aarohi karthick

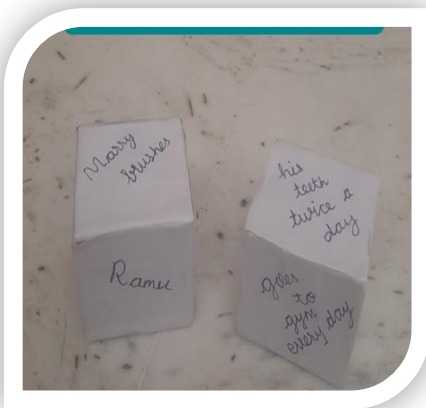


LIL.. BEES FANCY TIME - *Grade-1*

R.Thanvi

K S Saidhanvanth

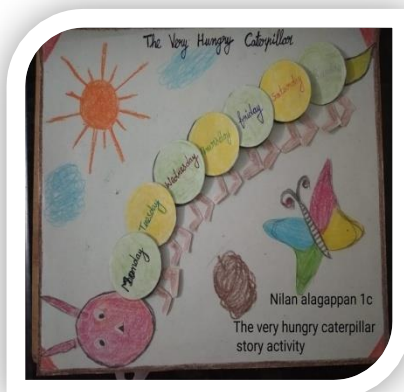
Arpana Ramakrishnan



Nilan Alagappan

G V Thanmithra

Aarohi Karthick



LIL.. BEES FANCY TIME - Grade-1

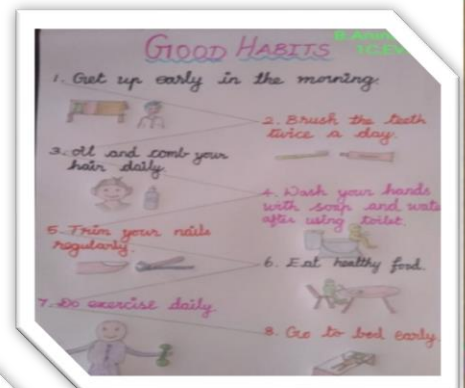
G.Thानीya



R.Shivani



B.Anindhith



S Rithish kumar



Rhea Gautham



LIL.. BEES FANCY TIME - Grade-1

Nilan Alagappan



G V Thanmithra



S.Avantika



M.Sagashra



K S Saidhanvanth

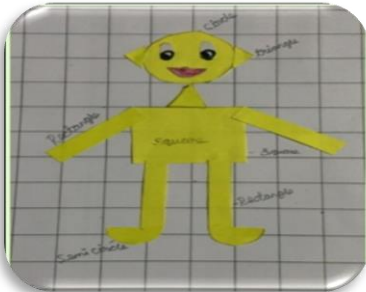


Dhruv Bahirathan



LIL.. BEES FANCY TIME - *Grade-1*

T.Dhijasri



S.S.Mithun karthick



Yazhini S



R.Ghirisanth



N.Adhishvar



K.Eniya



R.Shanjana



K.Ragar srivathsan



THE PAPER DOLLS BY JULIA DONALDSON - *Grade-1*

P.Jai Pranieth



Shivani R



R. Thanvi



Nilan Alagappan



Arpana Ramakrishnan



Aarohi Karthick



K.S.Sai Dhanvanth



S.Rithish kumar



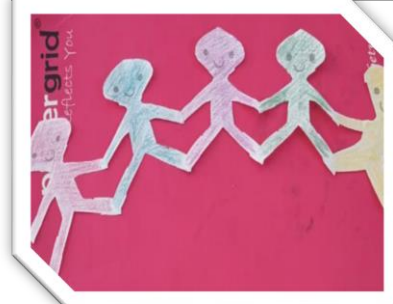
Nilan Alagappan



T.P.Shri Samyuktha



A.L Prathiksha





BOOK

*Look at a book,
That's your hook,
Each book is a knowledge,
Read and acknowledge,
Page by Page,
Gives you stage by stage,
If you open a book,
That opens your mind.*

Ms.M.Hemalatha M.C.A., B.Ed,

Teacher

JOHN MAC DONALD'S

*John Mac Donald went to the ocean,
Nanana Nanana Nanaa.
And in the Ocean he saw some shark,
Nanana Nanana Nanaa.
With a chomp, chomp here and a chomp, chomp there,
Here a chomp, there a chomp everywhere a chomp chomp.
John Mac Donald went to the ocean,
Nanana Nanana Nanaa.
And in the ocean he saw some octopus,
Nanana Nanana Nanaa.
With a wiggle, wiggle here and wiggle, wiggle there,
Here a wiggle, there a wiggle everywhere wiggle wiggle.
John Mac Donald went to the ocean,
Nananna Nanana Nanan.*

Ms.G.Sumitha B.Sc., M.B.A,ADME,ADNE

Teacher

LITTLE HANDS MAGIC- GRADE 2

S.Kaviya



G.Vinanya



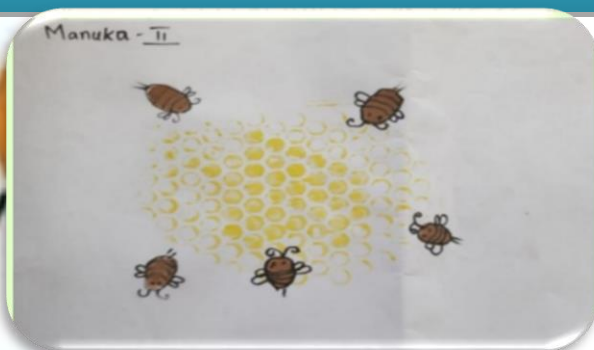
Sri Lakshmi Ramesh



V.M.Harshini



N.Aadith



V.Yashwitha



LITTLE HANDS MAGIC - GRADE 2

S.Madhusri



S.V.Ahil



S.Mahalakshmi



K.Sai Sara



Adhithi R Nair



K.S.Johith Adhithya



WHY IS SEPTEMBER 5 SPECIAL?

Teacher's day is celebrated with enthusiasm across the country on September 5. Did you know it was India's philosopher, President, Sarvepalli Radhakrishnan's birthday that came to be celebrated as Teacher's day?

When he became the President in 1962, some of his students requested him to allow them to celebrate his birthday. But he replied, "Instead of celebrating my birthday, it would be my proud privilege if September 5 is observed as Teacher's day."

Radhakrishnan's life is a proof that nothing can stand in the way of acquiring knowledge. Born in middle - class family in Tiruttani in the Madras Presidency in 1888, he went to school in Tirupati. His keen interest in studies earned him scholarships throughout his academic life. He pursued philosophy at the Madras Christian College. Acquiring master's degree in the subject, he began his career as a teacher at the Madras Presidency College in 1909. He went on to serve as professor of philosophy at Mysore and Calcutta universities.

He served as the vice-chancellor of Andhra University and Benares Hindu University and the chancellor of Delhi University. He delivered lectures at international universities and wrote many books. He was elected twice as the Vice-president between 1952 and 1962 and once as President of India (1962-1967)

"True teachers are those who help us think for ourselves. "

Ms.M.Valarmathi B.Sc., B.Ed,

Teacher

VIVID CANYON - GRADE 3

S.Kishorekumar



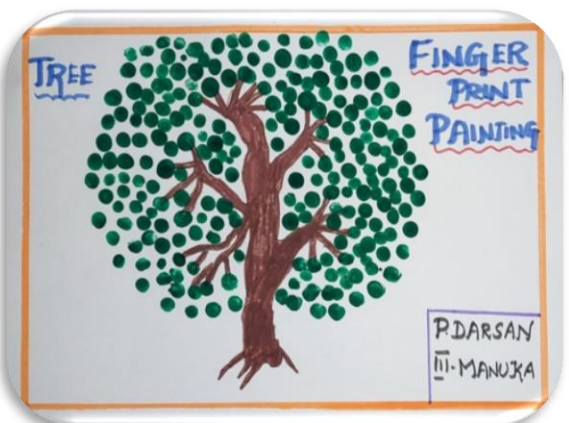
R.A.Sachita



R.Sashanth

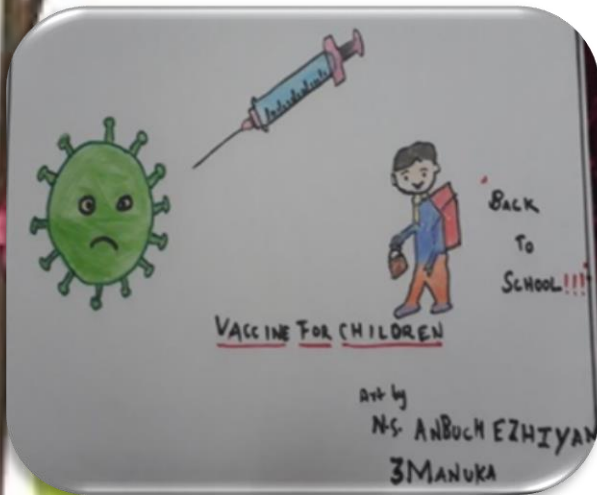


P.Darsan



VIVID CANYON - GRADE 3

N.S.Anbuchezihiyan



S.Pawandarsan



D. Naren Kaarthic



S.Sathuriya



KIDDIE CLOUD - GRADE 4

K.Sanadhana



Paranthaman



K.R.Negha



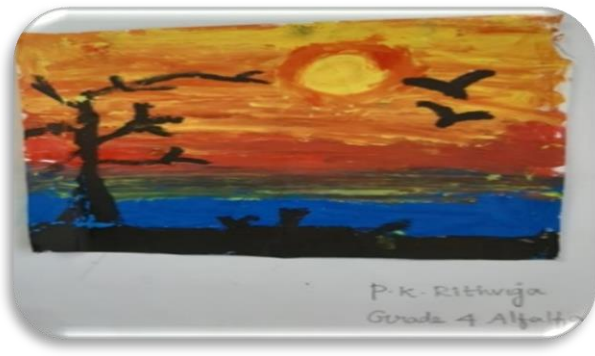
M.Harshene sree



S.Srivarshana



P.K.Rithviga



KIDDIE CLOUD - GRADE 4

V.S.Lavanya sri



M.Harini



E.R.Srivarshini



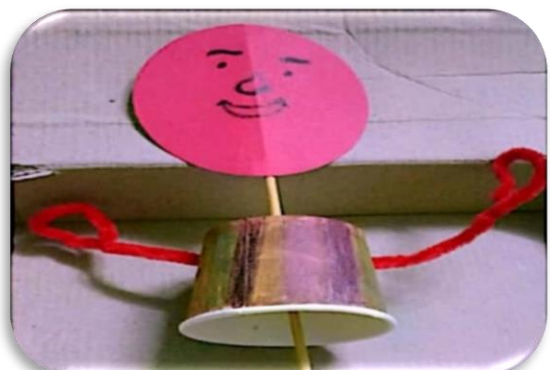
J.Maha Chaitanya



G.Dhanuja shri



A. M.Vishwajit



PROCRASTINATION

I won't do it now, no! I can't. I think this task is a huge problem to me! So maybe I will do it later. May be tomorrow! May be next week! Sounds familiar! Yes! This is how we put off our tasks and end up letting it sit until the last minute, sometimes missing deadlines entirely. This is called Procrastination- leaving things undone which need to be done. It might be office work, homework or even household chores. We have several excuses to justify it. Some are genuine like our unexpected commitments that show up and won't allow us to finish on time. But if we analyse carefully, most of the time our ineffective habits would be the reasons.

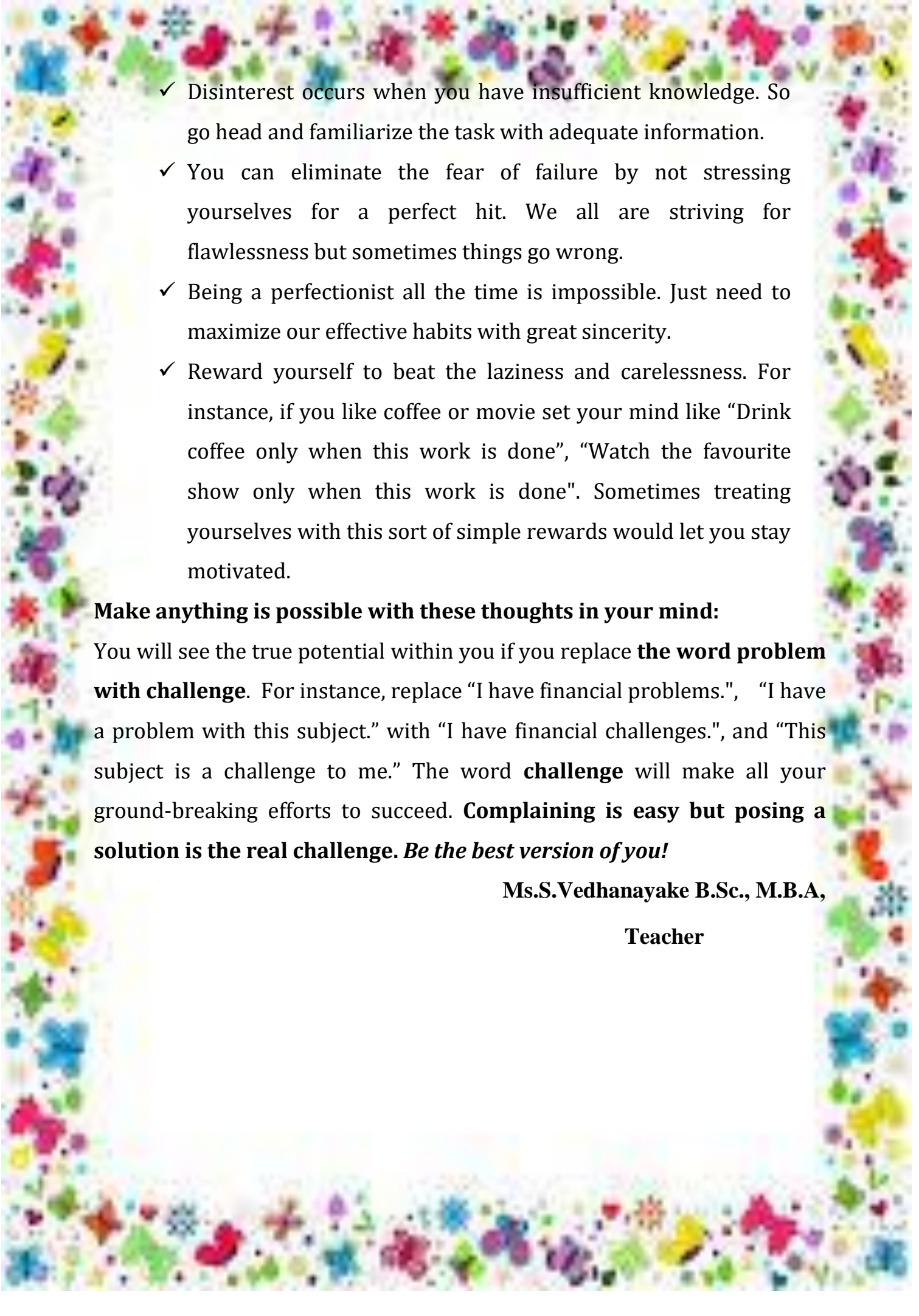
Rationale behind the procrastination mentality:

- Laziness or carelessness
- Disinterest.
- Insufficient knowledge.
- Mismanagement of time
- Fear of failure
- Perfectionism and other problems..

Well, if we find our actual root cause and willing to replace with proactive habits, then anything is achievable.

It works like this

- ✓ Understand your task well.
- ✓ Be specific and clear in the sources that you collect.
- ✓ Intellect your time. Plan how much time you are going to spend on it. And even you can chunk the task accordingly.

- 
- ✓ Disinterest occurs when you have insufficient knowledge. So go head and familiarize the task with adequate information.
 - ✓ You can eliminate the fear of failure by not stressing yourselves for a perfect hit. We all are striving for flawlessness but sometimes things go wrong.
 - ✓ Being a perfectionist all the time is impossible. Just need to maximize our effective habits with great sincerity.
 - ✓ Reward yourself to beat the laziness and carelessness. For instance, if you like coffee or movie set your mind like “Drink coffee only when this work is done”, “Watch the favourite show only when this work is done”. Sometimes treating yourselves with this sort of simple rewards would let you stay motivated.

Make anything is possible with these thoughts in your mind:

You will see the true potential within you if you replace **the word problem with challenge**. For instance, replace “I have financial problems.”, “I have a problem with this subject.” with “I have financial challenges.”, and “This subject is a challenge to me.” The word **challenge** will make all your ground-breaking efforts to succeed. **Complaining is easy but posing a solution is the real challenge. Be the best version of you!**

Ms.S.Vedhanayake B.Sc., M.B.A,

Teacher

LITTLE DREAM CORNER- GRADE 5

K.S.Lingesh Vibhu



U.Sreehari



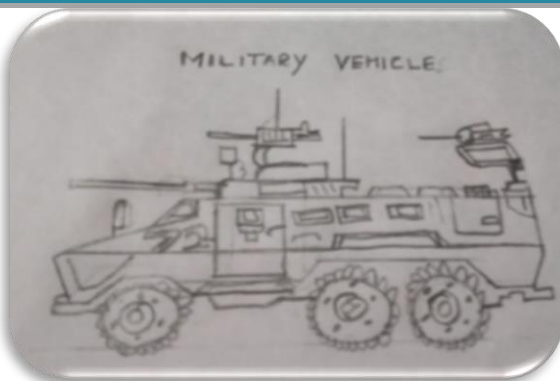
B.Vaibhav Krish



M.Jayapranatha



R.Sivaruban



S.Ashwanth



LITTLE DREAM CORNER-GRADE 5

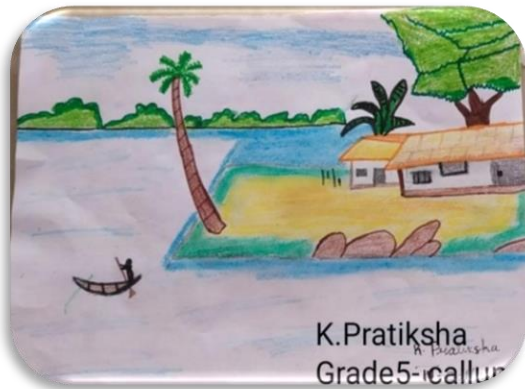
S.Shiva Sundari



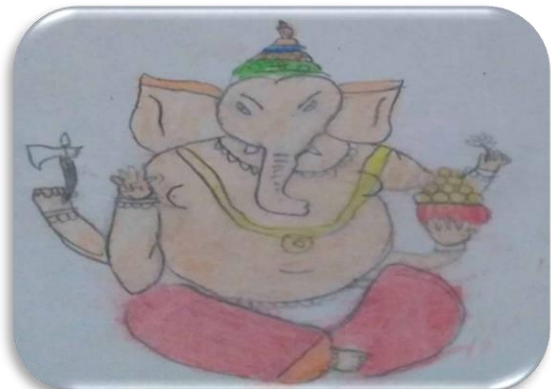
K.G.SwasthikaSri



K.Pratiksha



P.Mithunram



SOAPNUTS

The fruits of a small tree, or Indian soap berries, have become increasingly popular in recent years for a variety of reasons. Once picked and left to dry in the sun, these amazing shells contain a natural cleaning agent (100% organic) When the nut shells absorb water, the saponin is released, which creates a soaping effect. They are so gentle and perfect for laundering. Don't be intimidated to introduce these harmless nuts into your cleaning regimen.



How to make soapnut liquid?

Put a dozen of soapnut into 4 cups of boiling water. Let them simmer for 20 minutes. Add an additional 2 cups of water and simmer for 10 more minutes. Remove them from the heat and let cool. Once cool enough to handle, remove the shells and store your liquid soap in an airtight container in the refrigerator for up to a month.

How to use: Load laundry into machine. Pour 250ml of home-made soapnut liquid into the detergent drawer of the washing machine and wash as directed.

Ms.K.Revathi B.Sc, Teacher



DELUGE OF LINES

LITTLE SISTER

I'm about to have a baby sister,
I can't wait to kiss her,
Dad wants to name her Joan,
That only makes mom moan,
If it were me, I'd name her Celeste,
Because, for my little sister, she will only have the best.

Thank you,

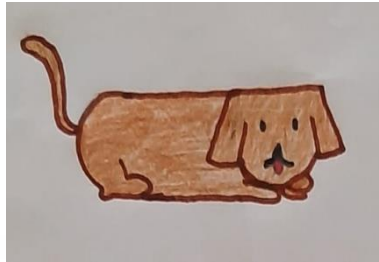
Harshene Sree M
Grade 4 Alfalfa

I HAVE A LITTLE FROG

I have a little frog
His name is tiny Tim
I put him in the bath tub
To see if he could swim
He drank up all the water
And gobbled up the soap
And when he tried to talk
He had a bubble in his throat!

M. Ranajit
Grade 4 Calluna

MY LITTLE DOG



*My dog is brown - my little dog,
Short and sweet, with a crown;
I play with him jumping all around,
Wagging his tail round and round!!!*

Prarthna Ramakrishnan.

Grade 4 Calluna

DOG AND THE BONE

*I love my cute little dog,
Plays fetch with a tiny log.
Golden retriever is his breed, doesn't like to be chained, but freed.
Sits, always chewing on the toy bone in the kennel, his royal
throne, at strangers he always
barks, to keep us safe in the dark.
In the dark its eyes glow
My love for him always flows.*

Adrishta somesh

Grade 4 Manuka

MY PET

*I have a pet
It often gets wet
It is brown and white
Never stays quite
It likes to run
And have lots of fun.*

***M.Kamali
Grade 4 Manuka***

MY FURRY FRIEND

The day I met
My mind gets set
He becomes my pet
Who loves to get wet but hates vet.
He never sits
Often plays in the pit
Runs and hit
But ready to admit.
He is brown and white, loves to bite and never stays quiet
Still tries to be polite.
He likes to run and have lots of fun. He takes care and likes to share His
toys with joy.
Let's have a bet
To guess my pet

***M.Kamali
Grade 4 Manuka***

MY TREE FRIEND

*Trees are tall
Leaves may fall
Some are big
My tree is fig.
It's a place of cooling shade
The Sun never makes it fade.
Upon it, the birds can rest
And build their nest*

*Our breath is air
To lead our life fair.
To get our breath
Let's save our earth
By planting a tree
To get oxygen free.*

*We can make a tree
To keep our nature free.
Trees are our best friends
Their love never ends.*

M.Kamali
Grade 4 Manuka

MY NEST

*Home sweet home
All day I roam...
It's tall but small, with many walls
I crawl in the hall with all...
Light and breeze through window
Birds singing in the meadow...
Aroma from the chimney
States there is something yummy....
My imaginations bloom
In my cozy room...
Even when I am alone
I feel safe at home...
It's my family's nest
The best of best...*

Ms.K.Sri Sakthi, M.Com,M.B.A,B.Ed,
Teacher

RAINBOW POEM

*Rainbow, Rainbow, Rainbow...
In the sky,
Sun shines and rain,
That is why
Red and orange,
Yellow, green, and blue,
Indigo and violet
That is really true.
Sometimes half and sometimes full
But rainbow is very beautiful.*

V.Nihantha - Grade 4 Calluna

MY SKINNY TREE

You are my good friend.

You are so thin that's why I named you Mr. Skinny Tree.

You are grown by farmers hard work.

In return you keep giving numerous healthy coconuts.

Even though my farmers are irrigating with plenty of water, but still you are thin.

I wonder Mr.Skinny Tree.

J.MahaChaithanya

Grade 4 Calluna

LOCKDOWN

Lay in house,

Obey rules,

Corona will die,

Kill the virus.

Don't go outside,

Out of touch,

Win the corona,

Negotiate crowd.

T.K.Muhundan , Grade 5 Manuka

CREATIVITY DOESN'T WAIT FOR THAT PERFECT MOMENT. ...

Creativity is a unique gift of nature, a highly valued human quality which has been known for a long time to have its influence on scientific, technological and artistic spheres of human activity. The rapidly changing demands and challenges existing in the world today have almost necessarily been accompanied by creative expression and contributions from talented persons. When we look critically at the present day educational practice, one of the lacunae is a lack of importance given to creativity.

Teachers with initiative and optimistic tendencies promote a lot of life skills among the students. Especially, at primary school level, it can provide a lot of opportunities to develop and enforce creativity among the children. Children at this level want free and secure atmosphere to venture with creativity. They are enthusiastic and energetic.

The creativity of the selected upper primary school students is in average level. So, the teachers of primary section should take necessary steps to improve students' creative thinking. Teachers and parents should encourage the students to participate in all kinds of school academic activities. They should also encourage the reading habits among the school students regularly. Teachers must encourage their students to ask doubts in curricular and co-curricular activities without fear.

Ms.K.Sumaya Farveen M.Sc.,B.Ed, Teacher

CORONA VIRUS

Covid 19 caused this pandemic

Originated from China

Remembering my happy moments with my friends

Only way is to stay safe

New school life through online

Away from others is annoying

Very lonely I feel, really boring

Important to wear masks

Recognizing people is difficult with masks

Understanding the situation and united we stand

Stay safe from the viruses is now better.

S.Riya

Grade 6 Manuka

MOTHER

M – Magical

O – Outstanding

T – Thankful

H – Helpful

E – Extraordinary

R – Reality of Rich Love and Caring

J.R. Madhu Nikitha

Grade 6 Manuka

MOTHER

AMAZING

LOVING

BEAUTIFUL

HUMBLE

PATIENT

CREATIVE

A.S.Rakshambikha

Grade 7 Calluna



MOTHER

Makes me feel better

Only thinks of family

Takes me to get everything I want

Helps me with my work

Every day she is there for me

Ready to give me hug

A.S.Rakshambikha

Grade 7 Calluna

TEACHER

Teaches everyone to learn well.

Ensures that every one of us is doing well.

Allows us to improve creativity.

Caring nature helps us motivated.

Her energy is wasted in teaching us.

Encouraging to bring out our hidden potential

Remember your teachers every time.

Anoshka.A.R

Grade 7 Manuka



Family

We have a lot to be thankful for
the memories through the years,
the many time together,
full of laughter, full of tears.

A.S.Rakshambikha

Grade 7 Calluna

THE DAY

I'm waiting for the day
That will chase my sorrows away
I'm waiting for my mind to brighten
And the days to brighten
I may be a brilliant boy
But in reality, I'm just a toy
Powered by clockwork
That does not work
I write these poems to feel better
Because of the days that were bitter
But I hope it will turn out wonderful
And my life beautiful.

K.Sukirthan Grade 7 Calluna



NATURE

God, when you chiselled a rain drop,

How did you think of a stem,

Bearing a lovely leaf,

To hold the tiny gem.

Your skins are dark

And always are grey

Because you have no love

To light your way

The leaves in the water,

Sit almost perfectly still,

With each other coarse ripple,

They shake,

Inching closer to share,

And our gently rustling boat.

Anoshka.A.R
Grade 7 Manuka

MY DREAM WORLD

I dream of a world full of joy

I dream of a world full of peace

I dream of a world full of honour

I dream of a world full of health

I dream of a world full of hygiene

I dream of a world that would prosper

I dream of a world full of care

I dream of a world full of wealth

I dream of a world that won't judge

I dream of a world that would accept

But these are nothing but dreams

And the world would never budge

K.Sukirthan
Grade 7 Calluna

LOSSES

I have lost many things so far
Because of a foe from afar
Everybody has lost a part
Of something precious thus far
Of all that can happen
Why condemn me to this plight
This unfortunate situation
It is like falling from a great height
I miss cycling about
Enjoying the evening with friends
I miss my school very much
I miss running errands
I miss my old life
One that cannot return
All because of an enemy I haven't seen
My life has taken a turn

K.Sukirthan
Grade 7 Calluna

THINGS I SAW



Morning on the earth

I saw a moth

Evening in the sky

I saw a fly

Next morning in the city

I saw a lady



Next morning at the house

I saw a mouse



Sivaani.S

Grade 8

QUARANTINE INSPIRED POEM

This is the time to be safe

Let us be healthy and hygienic

This is the time to gain our knowledge

Let us protect ourselves

This is the time to forget awful things

And replenish our hearts with joy and happiness

Let us make others happy too

Don't run behind the clock

May the clock run behind you

Don't make your parents run behind you

Help them and you run behind them

Pass this message to our mother earth

And let her pass this message to everyone

Stay home, stay safe!!

S.Shahana

Grade 9

குழந்தைகளின் உலகம்

“வருடம் தவறாமல் குழந்தைகள் தினத்தைக் கொண்டாடும் நாம் குழந்தைகளைக் கொண்டாடுகிறோமா?” என்ற அப்துல்ரகுமான் அவர்களின் கவிதையை வைத்து இந்தக் கட்டுரையைத் துவங்கலாம். குழந்தைகளின் உலகம் மிகவும் அழகானது. கனவுகளும், ஆசைகளும், மகிழ்ச்சிகளும் நிறைந்தது. அந்த உலகத்தைக் கடந்து வந்த நாம் அதை மறந்து விட்டோம். குழந்தைகளை நம் ஆசைகளை நிறைவேற்றும் கருவியாக மாற்றி விட்டோம். குழந்தைகளின் கனவுகளைச் சிதைத்து, ஆசைகளை அழித்து, அவர்களைப் பந்தயத் தளத்தில் ஓடும் குதிரைகளாக மாற்றி விட்டோம்.. குழந்தைகளுக்கு நாம் வாங்கித் தரும் பொருட்களை விட, தின்பண்டங்களை விட மேலானது, குழந்தைகளைக் குழந்தைகளாக வாழ விடுவது; நம் பேச்சைக் குறைத்து குழந்தைகளின் வாயசைவைக் காது கொடுத்துக் கேட்பது. இதனால், அவர்களின் மௌனம் உடையும். அவர்களின் கனவுகள் திறக்கும். புது வாழ்க்கை பிறக்கும். இது பெற்றோர்களின் பங்கு மட்டும் அல்ல. ஆசிரியர்களின் பங்கும் கூட. பள்ளியைப் பூந்தோட்டமாகவும் , குழந்தைகளை வண்ணத்துப் பூச்சிகளாகவும் நினைத்து, ஆசிரியர் தோட்டக்காரராகச் செயல்பட வேண்டும். இதனால் குழந்தைகளுக்குப் பள்ளி மற்றும் கல்வி மீதான அச்சம் போகும். எனவே, குழந்தைகளைத் தினம் தினம் கொண்டாடுவோம் .அவர்களின் உலகத்தைக் காப்போம்.

நன்றி!

திருமதி. ச. மேகலா D.Ted., D.Med,
ஆசிரியை

THE NIGHT

I was looking up the sky
When I was eating a pie
I took a sip of lemonade
Which I made
The sun started to set
Slowly I got up and took my blanket
I started to move towards my room
On the way I stood still by gazing at the Moon....

G.Shahana, Grade 9

QUARANTINE

It has been many days since Quarantine,
We have been sitting in our house eating Soya Bean.
When we went out to play in Rain,
It all ended up in Vain.
We had time to learn many new Skills,
But many had been making use of Pills,
Which increased the Bills!
Everyone stayed in our Homes,
Playing with Foams.
We wore Mask,
Which was our given Task.
We washed our Hand,
To save the Land
Together we can fight against this Germ,
Corona Virus is just a Term.

KNOW THIS IS NOT ENOUGH

There are nights where you
Spend sleepless,
Wondering about my future
To make it bright.
Never seen a moment
You spend for yourself
It is always me
Inside your vision.
Still ponder whether
Have something to repay
For all the grief you
Got of me.
Standing in dark just as a beggar,
Without a penny to give back

Tears flow in melancholy nights
But rain to hide away
Only have a huge heart
Filled with loads of love
Not knowing what to do
See an innocent face
Just as an infant with a smile
Expecting nothing from me
But my existence
Means everything to her.
Still don't know
But a word to end,
Have only that to share
Love you my everything!

Prathisha Jay

Grade 10

What is Life?

“What is Life?”

They say it's indefinable.

*It's a paradox never solved,
a question never answered.*

Well, what is it then?

Is it to be born, live enjoyably and just die??

Life is merely the meaning of it.

*It throws at you occasions,
some to celebrate, some to mourn.*

*Life wrecks your ship into the deepest trenches
,it burns you down to ashes.*

But, don't let go.

*Rise from even the deepest trenches!
Be born anew from your own ashes!!*

Make your mark in this World.

So, what is YOUR Life then??

*Well, it's what you choose to be,
a question that only YOU can answer,
a paradox that only YOU can solve.*

*YOUR LIFE is something that only YOU can
define.*

R.Shrivanth

Grade 10

SCHOOL LIFE

School is a daily routine for us.

In the morning, we're sure to make a fuss.
Even when the sun is still not up,

Here we are, awake at 6am sharp.

We feel that school is such a bore.

We feel that school is such a chore.

Parents say, "School's great! Now, go!" We say, "Well, what do you know?"

Late a minute and we have to run.

Eyes half open, shoelaces undone.

We reach school and we see our friends. Immediately, the torture ends.

We have a chat and go with the flow.

Then the bell rings; it is time to go.

We may at times find school stressful.

To have some fun, we have to bend some rules.

Talk back to teachers, and detention we serve No doubt, it is sometimes what we deserve. Sometimes they are as cold as ice,

And other times they're actually really nice.



M.B.Taran Raj

NEED VS DESIRE

One fine day, a crow was sitting on a tree near a river bank of a beautiful village. The river was overflowing with water due to the recent monsoon rain. It was also surrounded with flourishing field. The crow was hungry and looking for its prey. It saw a dead rat away from the tree. It felt happy and thought, “Wow! It’s a good day for me! I found my food easily today.”

Thinking this, the crow was about to fly from the tree. At that moment, it saw an eagle which was hovering in the air over the river. The eagle poised in the air to swoop on the big fish leaping out of the water. The eagle drooping its wings, dived down and seized its prey in a tenacious grip within a fraction of second.

The crow gazed awestruck at the eagle. That moment, the crow decided not to prey on a dead rat and had a desire to eat a live animal. Suddenly, the crow heard a bell sound. It was attracted towards the cling-cling sound and flew towards the direction it came.

The crow saw a shepherd herding a flock of sheep. Each sheep had a small bell tied around its neck, which made the sound. The flock of sheep had a lot of little lambs as well as few rams (adult male sheep) and ewes (adult female sheep). Seeing the sheep, the crow thought, “Why can’t I seize my prey like that eagle and flew away? Yes. I am going to eat a lamb today.”

It tried to hover like the eagle. The shepherd saw the crow, but he thought it was just flying and would fly away. He left the crow unnoticed and was leading his flock. The crow initially wished to catch a lamb, but it had a flash of

the eagle seizing a big fish. So it decided to take a sheep and fly away without thinking its real strength and its size. It sat on the back of the sheep and tried to lift it. But its small claws got stuck with the fleece of the sheep and the crow was scared as it was unable to fly and started to caw. Hearing the sound, the shepherd turned back and found the crow got stuck in the fleece of his sheep. Then only he realised that the crow was trying to take away the sheep. He got furious and irritated by the crow's behaviour. He flogged the crow badly with the stick he had in his hand. The crow fell down from the sheep. It was hurt, unable to fly and was hungry.

Finally it thought, "This is a very bad day for me. Atleast I would have eaten that dead rat which I saw first. It all happened because of that eagle. I am so hungry and tired." Even at that moment, the crow did not realize that, it got hurt only because of its unwanted desire.

Our desire should be based on our need and our strength both physically and mentally. If we have a desire to grab something which is above the part of our needs, then we will be a big loser as per the saying, "**Grasp all, loose all.**"

Ms.R.Sunitha BCA.,M.B.A,
Teacher

IS THAT YOU?

I know its you,
Shivering leaves give a clue
Darker shades seem true
Could get a sniff of stew
Is that you?

I know its you,
Delaying for your crew,
Anything special or new?
Just between us two

Is that you?
It is you,
Finally showed up a few,
As like you regularly do
But left some evident dew
Should you get immured?

A.Aravind Kumaar

Grade 12

HAVING HOPE

*Having hope
propels us,
forward
towards our pursuits
keeps us afloat
when everything seems to go wrong,
stops the raging battle
in the mind
making us- of a better kind.*

*When it's all your fault,
When family is pain,
When friends can't be found,
When you just want to scream
But you can't find the sound,
And you feel like you're done,
Just wait for the sun.*

*When we lose
like a rudderless ship
being tossed
without direction.
Having hope
Is the essence
keeping our dreams upright!*

*The storm always passes.....
The rain always stops.....
The brightest and warmest
of days
still to come,
still to come,
The Sunshine- will it come?*

*Hope is the light
at the end of the tunnel,
the Northern Star
to navigate our lives
through trials and difficulties
towards our dreams
as bubbling streams.*

*People who need you,
People who still love you
Can warm up your soul
like sunshine in a bowl .*

*Pick the sadness,
Sweep it into the wind
Share your light
With all your might
Focus on your goals,
Open new scrolls,
to a bright new dawn
of HOPEFUL HOPES!!!*

Mrs. ReenaJyothivel M.A., B.Ed,
Teacher

HAPPINESS

What is happiness? I did say
When the rain poured in throughout
the day
It did pop when I lay
Hazing at the stars of may

A lil tone residing inside me
With innocence of the query
"It's the tingle that comes with glee
And fills your bones" replied she

How to find it? When can I?
Should I do so in the sky?
"Ugh..all this is a mere lie
Seek it at all times with no shy"

"Many a times one does Strive
To ruin this feeling filled hive"
Oh! So I did perceive it live
When the army of protagonists did
arrive!!

How do I thank you
For all the words and thoughts New
Such people are very few
Who selflessly adopt fresh formed
dew!!

SELF LOVE

Knock down the bridge that's been
built between
And reveal the self-that's unseen
Now I know how I've been
Stupid, selfless and just clean

Worrying more about the other
Helping'em stay put together
Since I know the pain of having no
brother
To support during bad weather

You don't see me the way I am
Well you think I'm damn
Try to cram
And you would never scam

I love myself and will survive
Even without you as I'm the queen
of my hive
You will witness my worth live
And crumble by seeing me be privé

HOW I WISH

How I wish to fly
 Far and beyond the sky
 To reach my place in the high
 Not to later wry

How I wish to swim
 Deep till the sunlight is dim
 People think I just skim
 But I am not a film

How I wish to run
 Till the end of joy and fun
 But My dear hun
 I am no less than a gun

How I wish to rise
 And turn good and wise
 Strictly turn my back to lies
 And listen to the most feeble cries

How I wish to dance
 And give life a chance
 Tightly hold happiness in hands
 And hide them deep inside musical
 bands

How I wish to sing
 Till I procure a great wing
 Songs create a tune of trying
 And stay with me always in a cling

RAIN

When I heard it knock
 I knew it had brought with it
 Hopes for many dreams to get
 fulfilled
 And chances for many new lives to
 bloom.

Down from the abode it falls
 Creating a fresh ambience
 Tough to judge it's mood
 At times soft patter or at times
 storming chorus

It carries along with it adeep
 melancholy
 That can only be heard by some
 To many it just poses
 As a drop of water from above

The dampness of the earth
 Before and after it's visit
 Is truly a magical thing
 That the earth often yearns..

I love the humid nature
And the silent wind
That may be signs of quietness
Or the demons myth..

All I've narrated here
Is about the dear RAIN
Who has sworn to return
And destroy all it foes

SUNSHINE

Seeping into my room window
Piercing deep into my eyes
Waking me up from a happy dream
And distancing all the lies

This heart of sunflower
Shines bright everyday
Leaves to it's home after a shower
Of the evening dew

Spreads the yellow light of hope
No matter whatever it takes
With dreams clinging onto its rope
Starts each day afresh

I welcome it with open arms
As sunshine is the charm I see
around
It brightens my darkest fears
But still I'm lazy to close the alarm's
sound!!

B.Alankritaa

Grade 12

VALUE OF LIFE

This life is a maze,
Full of craze!
You are the one
Left all alone,
With a pocket of hope.
You also need a scope
For a better vision.
You'll find the best version!

If you see yourself in mirror,
You are just dripping water!
If you see the world train,
You are a worth-while rain!
What does it matter?
Comparing you with water!
Just mocking you
Read again, you'll find the value.

A.Aravind Kumaar

Grade 12

MIND MOCKERY

1.1 RIDDLES

- 1) It belongs to you, but others use it more. What is it?
- 2.) What two things that you can never eat for breakfast?
- 3.) What kind of a room has no doors (or) windows?
- 4.) I am orange in colour, I wear a green hat and my name rhymes with parrot. Who am I?

Answers in PgNo.154

R. K. Daswanth
Grade 3 Manuka

1.2 TEST YOUR BRAIN

- 1) Which musical instrument you always carry with you?
- 2) Why do you go to bed at night?
- 3) A woman is sleeping. There are three doors to her room. At one door her husband knocks, the other door her children knocks and the last one a thief knocks. Which one will she open?
- 4) Its weight is almost nothing but you can't hold it for long. What is it?
- 5) John's mother had four sons east, west, and north. Who is the 4th son?
- 6) It always keeps moving ahead without turning back. What is it?
- 7) It is yours, but mostly used by other people. What is it?
- 8) It has cities but no houses. It has rivers with no water. It has forests with no trees. What is it?
- 9) What goes all around the world but stays at one corner?
- 10) What is it, which goes up the hill and down the hill and yet never moves?

Answers in PgNo.154

S.Riya

Grade 6 Manuka

1.3 RIDDLES

- 1) What has many keys but can't open a single lock?
- 2) I'm tall when I'm young, and I'm short when I'm old. What am I?
- 3) What is full of holes but still holds water?
- 4) What is always in front of you but can't be seen?
- 5) I have branches, but no fruit, trunk or leaves. What am I?

Answers in PgNo.154

V P Mridula

Grade 7 Manuka

1.4 FUNNY RIDDLES

- 1) Why can't elephants use computers?
- 2) What happens when the geese fall down the stairs?
- 3) Why are football stadiums so cool?
- 4) Did you hear about the guy who invented the knock-knock joke?
- 5) What does thor call his underpants?
- 6) What is a bug's favourite sport?
- 7) Why can't eggs keep a secret?
- 8) How do you make a squid laugh?
- 9) Where do frogs keep their money?
- 10) What do you call a cave man's fart?

Answers in PgNo.154

R.Aneshka

Grade 6 Manuka

1.5 RIDDLES

- 1) What has a bank, but no money ?
- 2) What has a horn but does not make a noise ?
- 3) What breaks in water but not in land ?
- 4) What is in bed but never sleeps ?
- 5) What is white when its dirty ?
- 6) What will die if it drinks water ?
- 7) What can live but can't die?
- 8) What has teeth but cannot bite ?
- 9) What is always answered without asking a question?
- 10) What has an eye but cannot see ?

Answers in PgNo.154

Kevin George Samson
Grade 8

1.6 FUNNY RIDDLE

- 1) I'm tall when I'm young and I'm short when I'm old, what am I?
- 2) What is full of hole but, still holds water?
- 3) What can you break, even if you never pick it up or touch it?
- 4) A man dies of old age on his 25th birthday. How is this possible?
- 5) I have branches, but no fruits, trunk or leaves. What am I?
- 6) David's parents have three sons: snap, crackle and what's the name of third son?
- 7) I'm light as a feather, yet the strongest person cannot hold me for five minute? What am I?
- 8) If you've got me, you want to share me, if u share me you haven't kept me. What am I?
- 9) It belongs to you, but other people use it more than you? What is it?
- 10) What kind of band never plays music?

Answers in PgNo.154

P Ajay Saravana Chockalingam ,

Grade 10

FUNNY QUESTIONS

- 1)What is always coming, but never arrives?
- 2)Bay of Bengal is in which state?
- 3)It goes all over the World, but always stays in corner. What is that?
- 4) What has a head,a tail,but does not have a body?
- 5)What does everyone need, want and ask for but never take?
- 6)How can a man go nine days without sleep?
- 7) What is the major difference between a bird and fly?
- 8)Which month has 28 days ?
- 9) What is that goes up ,but never comes down?
- 10)Why do some cricket players never sweat?

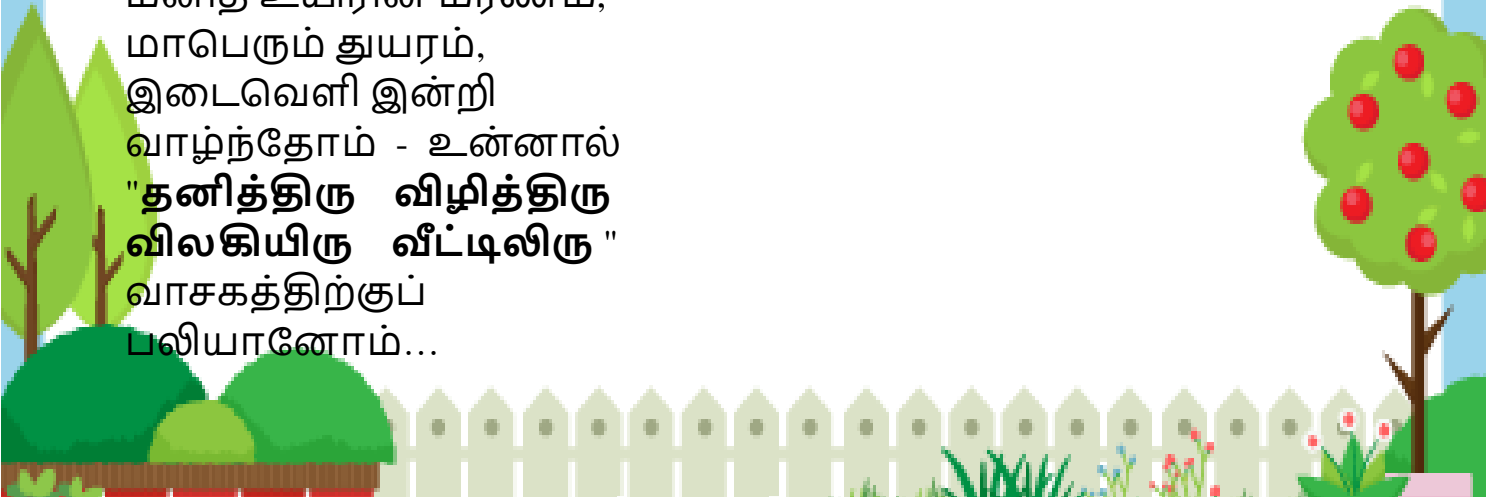


Answers in PgNo.155

A.V.Sasvanth Rajha Grade 10

கொரோனாவின் பிடியில்...

விஞ்ஞான உலகில்
விதையில்லாச் செடியாய்,
நீர் அற்ற மரமாய்,
உர மற்று உயிர்ப் பெற்று,
வளர்ச்சியுற்ற - எம்
அழையா விருந்தாளியே...
உயிரைக் கொல்ல
வந்த கொலையாளியே...
உயிர்க் காற்றை சுவாசித்து
ஊர் ஊராய்ச் சுற்றித்
திரியும் படையாளியே...
தென்றலைத் தீண்டவிடாமல்
முகக் கவசம் அணிய
வைத்த விஷக்கிருமியே...
வீடு வீடாய் சுற்றித்
திரியும் உனை அகற்ற - எம்
உணவானது
வேம்பும் துளசியும்...
துளசியைத் துளையிட்டு
நீ வந்தால் - உனைத்
தூக்கில் போட
நாங்கள் ரெடி.
வேம்பை மீறி வெளிச்சமிட்டு
நீ வந்தால்
வெறிகொண்டு வேட்டையாட
நாங்கள் ரெடி.
துடிதுடித்து மடிந்து
போன மாசற்ற
மனித உயிரின் மரணம்,
மாபெரும் துயரம்,
இடைவெளி இன்றி
வாழ்ந்தோம் - உன்னால்
"தனித்திரு விழித்திரு
விலகியிரு வீட்டிலிரு"
வாசகத்திற்குப்
பலியானோம்...



வாசகங்களை வாசித்து,
வாழ்வில் கடைபிடித்து ,
உன்னை வெல்லப் போராடுவோம்

கொரோனாவே.....???!!!

வெற்றி என்றும் எமதாக்குவோம்....

விழிப்புடன் இருப்போம்...

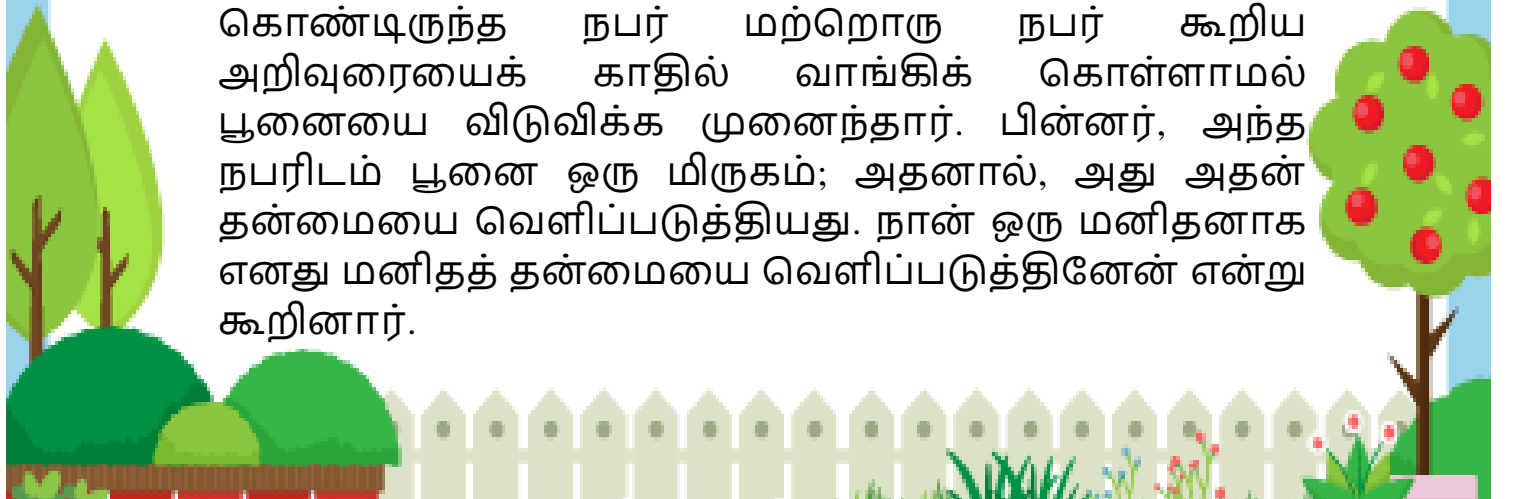
மனித இனம் காப்போம்...

திருமதி.வை.வனதேவி B.Lit,D.T.Ed,MA,B.Ed

ஆசிரியை

மனிதனும், பூனையும்

ஒரு நாள் ஒரு நபர் சாலையில் நடந்து சென்று கொண்டிருந்தார். அச்சமயம் ஒரு புதரில் ஒரு பூனை மாட்டிக்கொண்டு விடுபட வழியில்லாமல் தவித்துக் கொண்டிருந்தது. புதரில் மாட்டிக்கொண்டு விடுபட முடியாததால் பூனை மிரண்டு போய் இருந்தது. அதன் நிலையைக் கண்ட அந்த நபர் அதற்கு உதவ முற்பட்டார். புதரில் மாட்டி இருந்த பூனையை வெளியில் கொண்டு வர முயற்சிக்கையில் பூனை தனது கரங்களால் அந்த நபரைக் கீறி காயத்தை ஏற்படுத்தியது. அந்த நபர் ஒவ்வொரு முறை அதைத் தொட்டு விடுவிக்க முயற்சிக்கையிலும் அப்பூனை இவ்வாறு கீறுவதைத் தொடர்ந்தது. சாலையில் சென்று கொண்டிருந்த மற்றொரு நபர் இதைப் பார்த்து விட்டு பூனைக்கு உதவ முயலும் நபரிடம் அப்பூனையை அப்படியே விட்டு விடுங்கள்; வீணாக நீங்கள் காயம் அடைவது ஏன்? அதுவே வெளியே வந்து விடும் என்று அறிவுறுத்தினார். ஆனால், பூனைக்கு உதவிக் கொண்டிருந்த நபர் மற்றொரு நபர் கூறிய அறிவுரையைக் காதில் வாங்கிக் கொள்ளாமல் பூனையை விடுவிக்க முனைந்தார். பின்னர், அந்த நபரிடம் பூனை ஒரு மிருகம்; அதனால், அது அதன் தன்மையை வெளிப்படுத்தியது. நான் ஒரு மனிதனாக எனது மனிதத் தன்மையை வெளிப்படுத்தினேன் என்று கூறினார்.



நீதி :

உன்னைப் போல் பிறரையும் நேசி! உனக்கான குறிக்கோள் மற்றும் கொள்கைகளையே வகுத்து அதன் படி நடக்க முயற்சி செய். பிறரின் தேவையற்ற அறிவுரையைச் செவிமடுக்காது இரு.

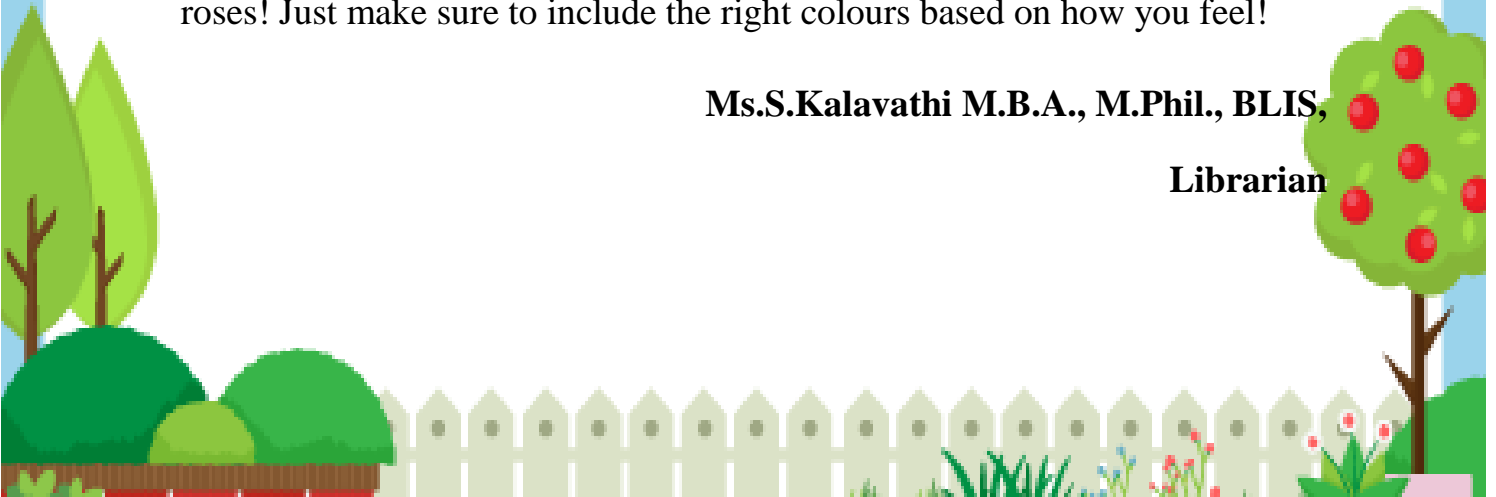
திருமதி .ர.பவித்ரா M.A., D.T.Ed
ஆசிரியை

THE MEANING OF ROSE FLOWER COLOURS

- ❖ **Red** Love, Passion, Beauty, Courage & Respect.
- ❖ **White** Purity, Innocence, Silence, Secrecy & Heavenly.
- ❖ **Dark pink** Appreciation & Gratitude.
- ❖ **Light pink** Admiration, Sympathy, Grace, Joy & Sweetness.
- ❖ **Yellow** Joy, Delight, Friendship, Welcome Back & New Beginnings.
- ❖ **Orange** Fascination, Desire & Enthusiasm.
- ❖ **Peach** Appreciation, Closing the Deal, Get Together & Sincerity.

We know the colour but we don't know the meaning of it. Once you know the different colour meanings, you can confidently send your bouquet that matches your feelings. Plus, if you're feeling creative and want to express more than one feeling with your roses, send a bouquet of mixed roses! Just make sure to include the right colours based on how you feel!

Ms.S.Kalavathi M.B.A., M.Phil., BLIS,
Librarian



கவிதைகள்

அன்னையர் தினம்

அன்னையர்களின் தியாகத்தை நினைவு
கூற கொண்டாடப்படுகிறது

விளக்கம் :ஆண்டுதோறும் மே மாதம்
இரண்டாம் ஞாயிற்றுக்கிழமை
அன்னையின் அன்பு, இரக்கம், தியாகம்
ஆகியவற்றை நினைத்து நன்றி கூறி
போற்றப்படுகிறது.



முடிவுரை

நான் என் அன்னைக்கு நன்றி கூறினேன்.

S. டேலின்ஜோயல்ஜோஸ்
வகுப்பு -4 - கலூனா

அம்மா

காலை எழுந்தவுடன் என் கால்கள் உன்னை
நோக்கிநகர்கிறது...

உன் அன்புக்கு என் மனம் ஏங்குகிறது...

உன் சிரிப்பை என் கண்கள் தேடுகிறது...

உன் அரவணைப்பு என் பாசத்தைத் தூண்டுகிறது....

இன்பம், துன்பம், கஷ்டம், காயம், வலி என அனைத்தையும்
தாங்கிக் கொண்டு எனக்காக,

வாழும் உனக்கு கோடி நன்றிகள் போதாது!

ரா. யஷ்வந்த்ரா

ஏழாம்வகுப்பு

பொறுமையும் , பொறுப்பும்

தாமஸ் ஆல்வா எடிசன் என்பவர் பெரும் முயற்சிக்குப் பின்னரே மின் விளக்கை கண்டுபிடித்தார். தம் நண்பர்களுக்கும் அறிவியல் அறிஞர்களுக்கும் தன் கண்டுபிடிப்பை செய்து காட்ட விரும்பினார். அவரது ஆய்வகத்தின் மேல்தளத்தில் இதற்கான கூட்டம் நடைபெற்றது. எடிசன் தன் உதவியாளரை அழைத்து தன் விளக்கை மேல் தளத்திற்கு எடுத்து வரச் சொன்னார். உதவியாளர் அதனை எடுத்து வரும் போது கை தவறி கீழே விழுந்தது , உடனே எடிசன் அவர்கள் வேறு புதிய விளக்கை உருவாக்கி அதே உதவியாளரிடம் கொடுத்து மேல் தளத்திற்கு எடுத்து வரச் சொன்னார். இதன் மூலம் தன் உதவியாளருக்கு பொறுப்பை கொடுத்து பொறுமையாகவும் இருந்து சாதித்தார்.



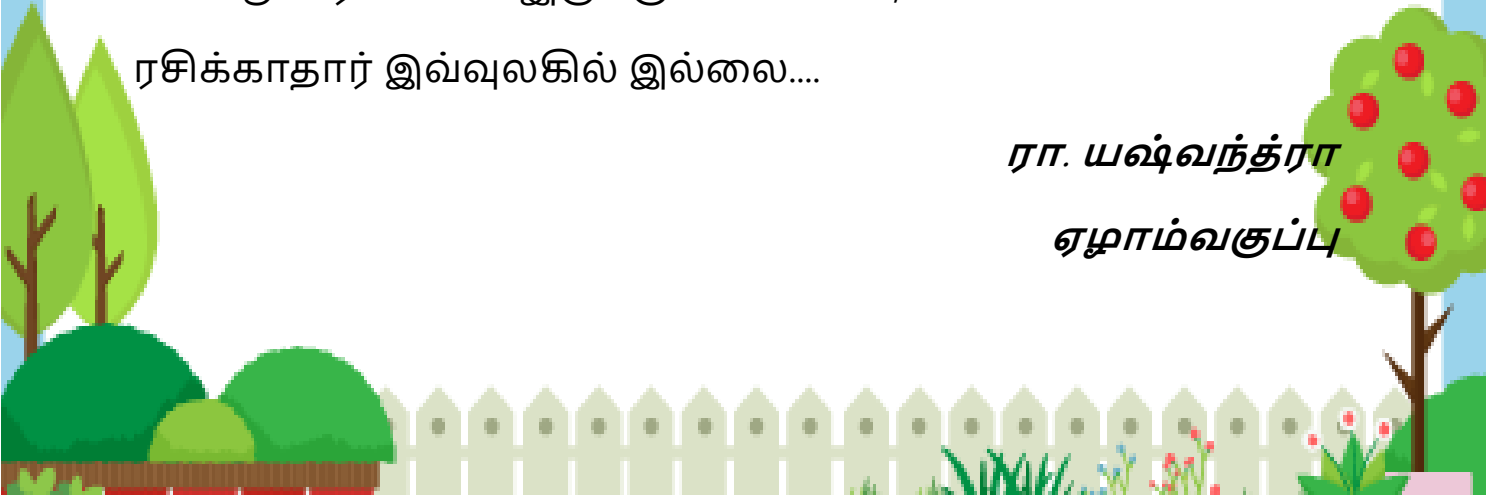
S. டேலின்ஜோயல்ஜோஸ்
வகுப்பு -4 - கலூனா

நிலவு

வெள்ளை நிறத்தில் ஜொலிக்கும் நிலவே!
உன்னைப் பார்க்க கண்கள் போதவில்லை....
உன்னை ரசிக்க மனம் போதவில்லை,
உன்னை வர்ணிக் கவார்தைகள் போதவில்லை...
வெள்ளைத் தாமரைப்போல் இருக்கும் நீ
முத்துக்கள் போல் சிரிக்கின்றாய்...
கடல் நுரைப்போல் இருக்கும் உன்னை,
ரசிக்காதார் இவ்வுலகில் இல்லை....

ரா. யஷ்வந்த்ரா

ஏழாம்வகுப்பு



இசை



என்னுள் இசை...
இதழின் தீண்டல்...
நாவின் தாளம்...
சிரத்தின் துயல்...
கண்களின் தீக்கண்யம்...
கரங்களின் நாட்டியம்...
ப்ராணத்தின் அளவுகோல்...
இதயத்தின் சுவாசம்....
இன்பத்தின் ஊற்று...
அறிவின் திறவுகோல்...
அற்புதத்தின் வரையறை...
எல்லை இல்லை என்பேன்...
சொல்லச் சொல் இல்லை என்பேன்...
என்னுள் இசை.....

திருமதி. சி. சபீனாபானு M.A., TPT., B.Ed.,

ஆசிரியை

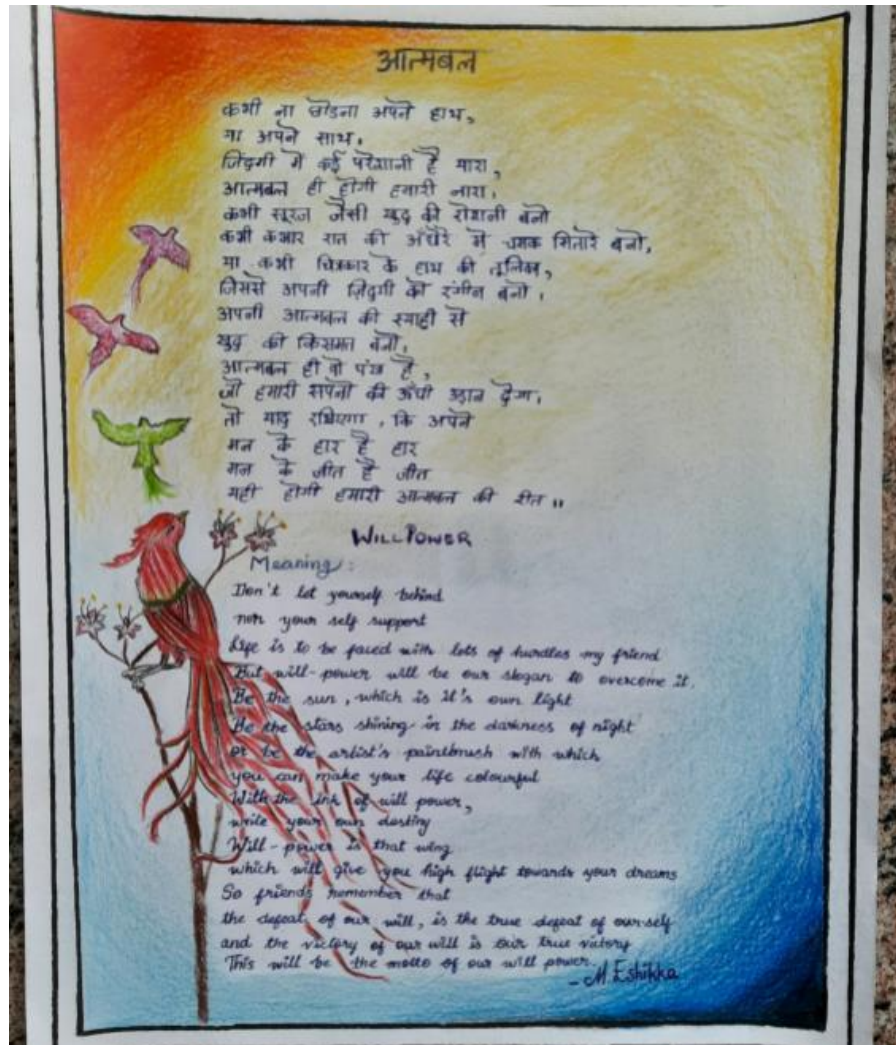
HINDI POEM

जदिगी

हर सेकेंड में बदल जाती है जदिगी
हम कभी नहीं जानते ककिया होगा
हमलोग मुस्कुराते हैं
हम रोते हैं
हम जीतेगे
हम हारे
इतनी जल्दी पलट जाती है
इसलिए जीवन एक सूक्ष्म पहेली है...
तेज हवा या अनुकूल हवा
कड़ी बारशि और हल्की बूँदा बांदी
सूरज की जलती करिणें या ठंडी चांदनी
हमारे जीवन में इतना चमत्कार जोड़ें
हम आ गए
हम चले
हम आ गए
और हम दुनयिा से चले जाते हैं
इस छोटी सी दुनयिा में हम रहते हैं
जन्म और मृत्यु के बीच।

सौबर्नकि
Grade 11



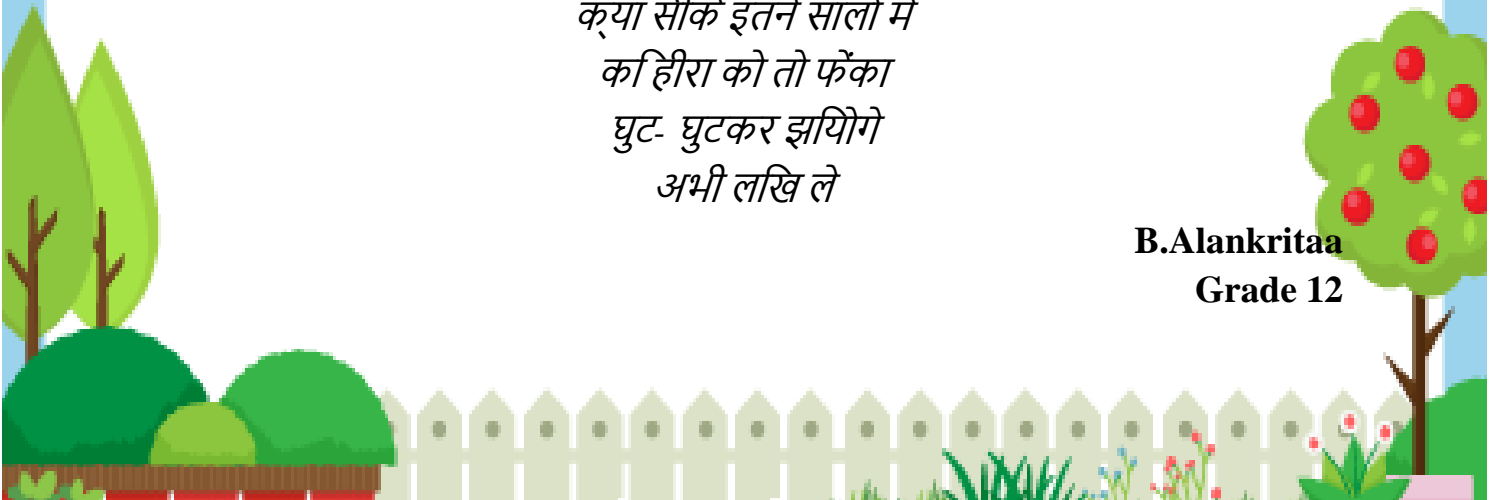


M.Eshikka
Grade 12

चाहत के सफर ...
चाहत की रास्ता ।
न मल्लिगा बनि अवस्था ।।
करो जो मन चाहा ।
पर पलट के न देखो दुबारा ।।
प्यार है एक छाल ।
सीधा ही है हाल ।।
बन जाएगा बावला ।
फरि न होगा किसी के हवाला ।।
लंबे समय तक याद ।
मेहबूब के बाद ।।
ओंटौ की मुस्कराहट ।
दलि करेगा सदा रट ।।

अपन हीरा
न जाने सनम तुम हमारी महत्व
जब तक मैं दूर चले न जाऊं
अगर पहचानने नहीं तो भी
हम बनें नहीं साधारण तत्व
क्या सीके इतने सालों में
कहीरा को तो फेंका
घुट- घुटकर झयिगे
अभी लखि ले

B.Alankritaa
Grade 12



தாய்

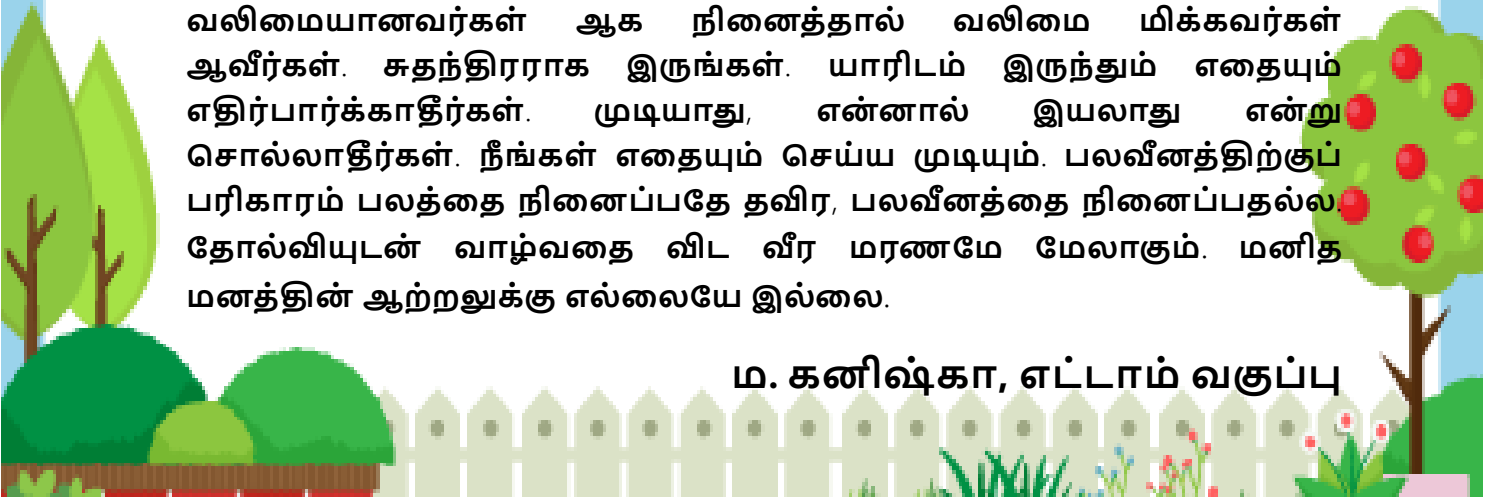
என்னைக் கருவில் சுமந்து
தடை பல கடந்து
ஊனாய், உயிராய் உருவாக்கிய
கண்மணி அவள்!
என் இதயமாய் அதன் துடிப்பாய்
என் மூச்சாய் மூளையின்,
கதிர்வீச்சாய் விளங்கும் அவள்!
என்றும் என்னுள் இருப்பாள் என...
இல்லை அவளாக நான் இருப்பேன்,
என்று கூற வைக்கும்
அவளின் செயல்கள்
ஆஹா! என்ன சொல்வேன்?
என் தாயின் அழகை, அரவணைப்பை,
அன்பை.....
இறைவா! உன் படைப்பே! அவள் தான்
என் தாய்!

ஹ. பர்வீன் சித்தாரா M.Sc.,M.A.,B.Ed.,M.Ed.,, ஆசிரியை

விவேகானந்தரின் அறிவுரைகள்

எதை நினைக்கிறீர்களோ அதுவாக ஆவீர்கள். உங்களைப் பலவீனர்கள் என்று நினைத்தால், பலவீனர்கள் ஆவீர்கள். வலிமையானவர்கள் ஆக நினைத்தால் வலிமை மிக்கவர்கள் ஆவீர்கள். சுதந்திரராக இருங்கள். யாரிடம் இருந்தும் எதையும் எதிர்பார்க்காதீர்கள். முடியாது, என்னால் இயலாது என்று சொல்லாதீர்கள். நீங்கள் எதையும் செய்ய முடியும். பலவீனத்திற்குப் பரிகாரம் பலத்தை நினைப்பதே தவிர, பலவீனத்தை நினைப்பதல்ல. தோல்வியுடன் வாழ்வதை விட வீர மரணமே மேலாகும். மனித மனத்தின் ஆற்றலுக்கு எல்லையே இல்லை.

ம. கனிஷ்கா, எட்டாம் வகுப்பு

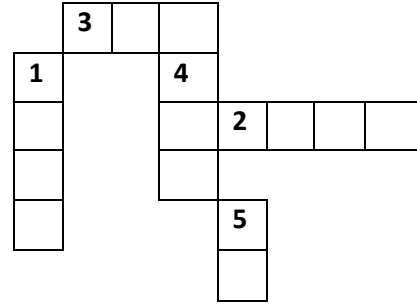




Ms.K.UmaMaheswari M.Sc.,B.Ed, Teacher

क्रासवर्ड

Crossword



1. What is pollution called in Hindi?
2. What is the Hindi name for animals?
3. I'm tall when I'm young and short when I'm old. What am I?
4. I am the ancestor of humans. I love bananas. Who am I?
5. I am the king of forest. I am the National animal of England. Who am I?

Answer Key

1. प्रदूषण 2. जानवर 3. मोम्बती 4. बंदर 5. सिंह

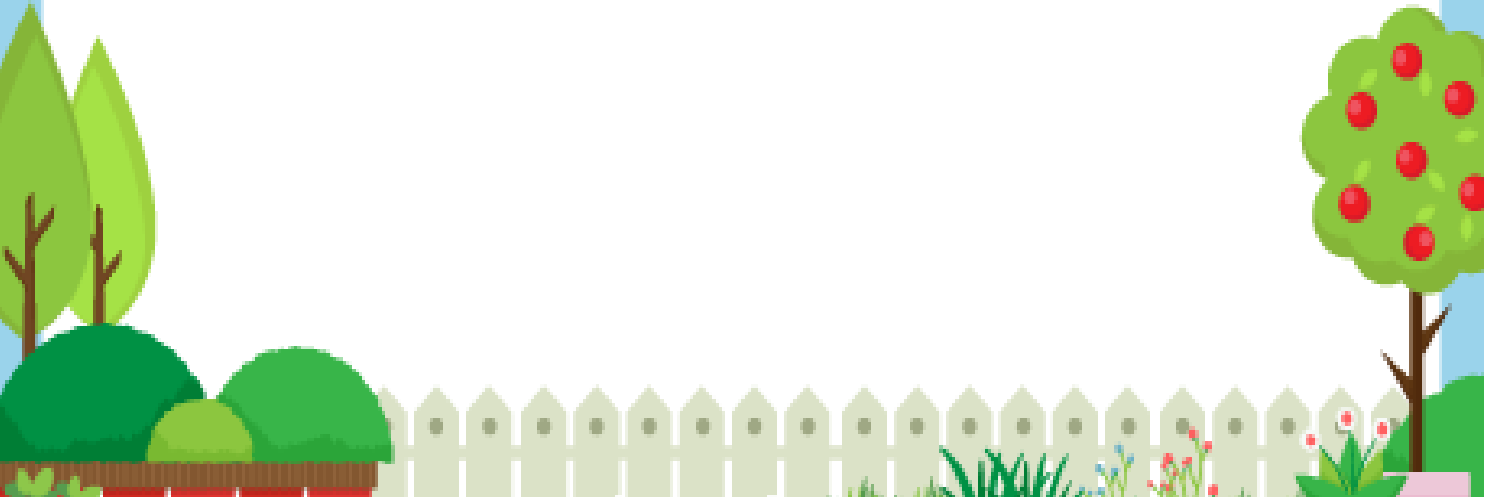
P Ajay Saravana Chockalingam , Grade 10

வேலையின்மை – தன்னம்பிக்கை

மூலையில் கிடக்கும் வாலிபனே – தினம்
முதுகிலா வேலையைத் தேடுகிறாய்!
பாலை வனம்தான் வாழ்க்கையென – வெறும்
பல்லவி எதற்குப் பாடுகிறாய்!
வெறுங்கை என்பது மூடத்தனம் – உன்
விரல்கள் பத்தும் மூலதனம்!
கருங்கல் பாரையும் நொறுங்கிவிடும் – உன்
கைகளில் பூமி சுழன்றுவிடும்!
தோள்கள் உனது தொழிற்சாலை – நீ
தொடும் இடமெல்லாம் மலர்ச்சோலை!
தோல்விகள் ஏதும் உனக்கில்லை – இனி
தொடுவானம்தான் உன் எல்லை!

!

ப. அபிநயா , 12-ம்வகுப்பு



BIZZY BEES...

M.Guru Krishnav - Sorting



N..Rasthra - Lifting



S.Sai Chakravarthy - Squeezing



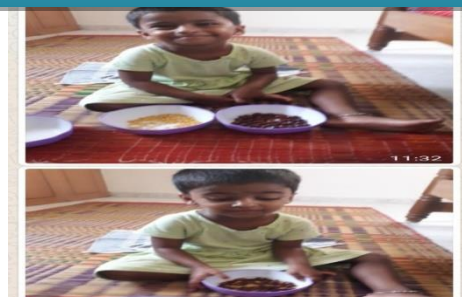
M.R.Yadhunandhan - Lifting



S.Ahanyan - Squeezing



S.P.Nilaandhika - Sorting



BIZZY BEES...

L.Sashwath - Squeezing



A.N.Satvik - Folding



F.Anaya - Zipping



K.Dhiya - Holding



BIZZY BEES...

K.S.Anusri - How To Greet Others



S.Avishkar - How To Greet Others



R.Harish Pranav - How To Greet Others



P.Tanvi - Cutting Activity



BIZZY BEES...

R.Naren - Cutting Activity



P.Kavin - Cutting Activity



R.Mukhil - Dressing_Up Activity



P.Ajay - Brain Activity



MAGIC OF FINGERS

*J.Dakshinya Grade
6 M*



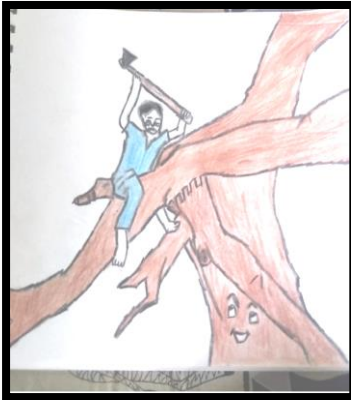
*N.Kaviyarasi
Grade 6 C*



*D.Alagu Laya
Grade 6 C*



*R.Kirthik raja-
Grade 6 C*



*R.Suriyapragash-
Grade 6 C*



*R. Aneshka
Grade 6 M*



*M.Mithun
Grade 6 C*



*S. Mohammedaman
Grade 6 C*



*S.Riya
Grade 6 M*

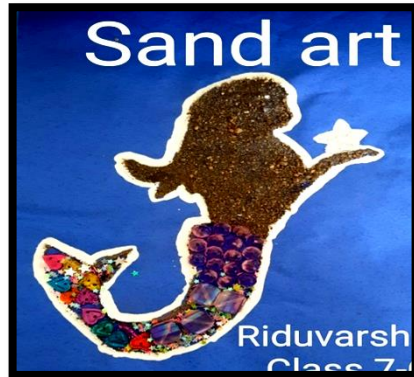


MAGIC OF FINGERS

S.Tarika
Grade 6 M



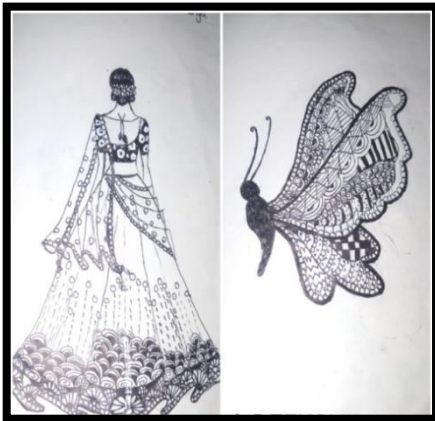
G.Riduvarshini
Grade 7 C



R. Ayeshwanthra
Grade 7 M



A.Deekshitha
Grade 7 M



M.S.Sivani
Grade 7 M



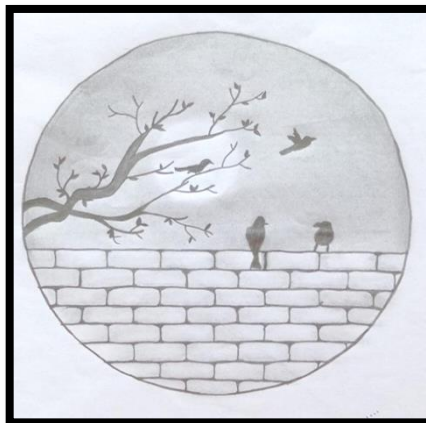
A.S.Rakshambikha
Grade 7 C



V. Kaariya
Grade 8



M. Kanishka
Grade 8



Rithvi shri.S
Grade 8



MAGIC OF FINGERS

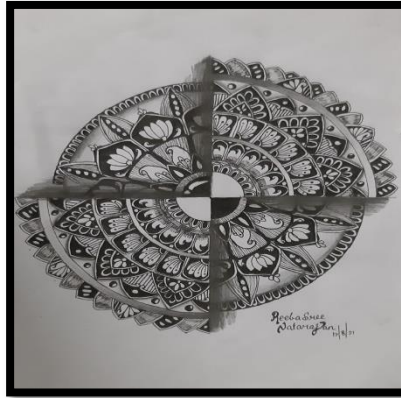
S. Selva Karthihaa

Grade 8



ReebaSree.N

Grade 8



S.Shahana

Grade 9



K.K.Sankavi

Grade 9



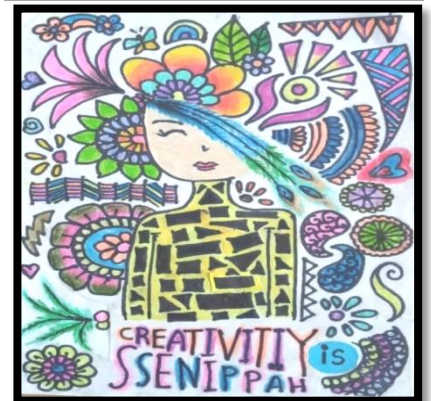
R.Janani shri

Grade 10



Prathigsha Jay

Grade 10



N.P. Pranaya

Grade 10



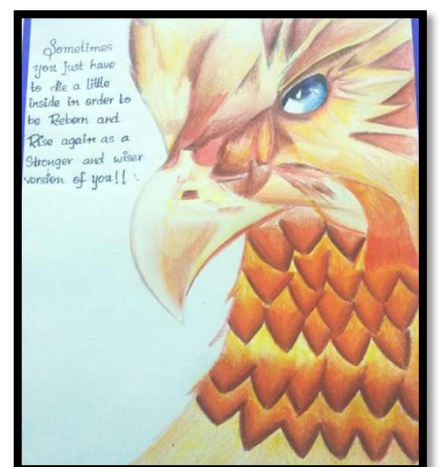
M.K.Harsitha

Grade 12



Suchitha Subramanian

Ramesh Grade 12



GASTRONOMICAL DELIGHTS

சாஸ்னிபூரி

தேவையானபொருட்கள்:

மைதாமாவு- 1 கப்

அரிசிமாவு- 2 ஸ்பூன்

நெய் - தேவையானஅளவு

சர்க்கரை - 1 கப்

எண்ணெய் - தேவையானஅளவு

தேங்காய்ப்பால் - ½ கப்

செய்முறை:

- மைதா மாவுடன் தேங்காய்ப்பால் சேர்த்து சப்பாத்திக்கு மாவு பிசைவது போல் பிசைந்து மேலே சிறிது எண்ணெய் தடவி ½ மணி நேரம் ஊறவைக்கவும்.
- 2 ஸ்பூன் அரிசி மாவில் சிறிது நெய் சேர்த்து குழைத்து வைத்துக் கொள்ளவும்.
- நன்றாக ஊறிய மாவினை 4 உருண்டைகளாகப் பிரித்து சப்பாத்தி போன்று தேய்த்துக் கொள்ளவும்.
- ஒரு சப்பாத்தியின் மேல் அரிசி மாவுக் கலவையை எல்லாப்பக்கமும் படும்படி தடவவும். அதன் மேல் இன்னொரு சப்பாத்தி, அரிசி மாவு இவ்வாறாக மாறி மாறி வைக்கவும்.
- இப்பொழுது மொத்தமாக சேர்த்து ஒரே உருளையாக உருட்டவும்.
- பின்பு சிறு சிறு துண்டுகளாக வெட்டி,வட்டமாக தேய்க்கவும்.
- தவாவில் எண்ணெய் ஊற்றிக் காய்ந்தவுடன்,தேய்த்து வைத்துள்ளதைப் பொன்னிறமாக வரும் வரை பொரித்துக் கொள்ளவும்.
- சர்க்கரையைப் பாகாகக் காய்ச்சி வைக்கவும்.சிறிது ஏலக்காய் சேர்த்துக் கொள்ளவும்.
- பொரித்த பூரிகளைச் சர்க்கரைப் பாகில் சேர்த்து நன்றாக ஊறவிடவும்.
- இறுதியாக நன்றாக ஊறிய சுவையான பூரிகளைத் தட்டில் வைத்து அலங்கரித்து, உங்களின் அன்பிற்குரியவர்கள் அனைவருக்கும் பரிமாறவும்.

திருமதி.கா.ரம்யா D.OT.Tech,
Nurse

PANCAKE RECIPE

Ingredients:

- ✚ Egg – 1
- ✚ Milk – $\frac{3}{4}$ cup
- ✚ Maida – 1 cup
- ✚ Sugar – 2 tablespoons
- ✚ Baking soda – $\frac{3}{4}$ tablespoon
- ✚ Salt – $\frac{1}{4}$ tablespoon
- ✚ Cooking oil – 2 tablespoons

How to do:

1. Whisk egg and sugar together and add milk.
2. Sift and add maida, baking soda, salt.
3. Use an eggbeater and beat until combined.
4. Add cooking oil and mix it well.
5. Heat up a pan and add some butter, pour one ladle of batter. Wait until the edges brown.

TA-DA!

Mahalakshmi.S
Grade 2 Calluna

RAVA CAKE

Ingredients:

- ✓ 1 Cup Rava
- ✓ 1 cup milk
- ✓ Pinch of salt
- ✓ 1 cup sugar
- ✓ 1 table spoon of baking soda



Mix all the ingredients well !!!

Finally the mixture looks like this.



Pour the mixture in a pan and decorate with nuts.

After baking the mixture for 30 minutes, ***Yummy Rava cake is ready.***



G. Aarnav Vetrivel
Grade 3 Manuka

HOW TO MAKE THE PERFECT VEG BURGER

Ingredients:

- | | |
|---------------------------------|-----------------|
| ✓ Potatoes | ✓ Breadcrumbs |
| ✓ Carrots | ✓ Cheese |
| ✓ Peas | |
| ✓ French beans | Spices: |
| ✓ Burger buns | ✓ Salt |
| ✓ Mayonnaise (I prefer eggless) | ✓ Pepper |
| ✓ Lettuce (optional) | ✓ Chilli powder |
| ✓ Tomatoes | ✓ Paprika |
| ✓ Onions | ✓ Garam masala |

Process:

Step 1: Making of the patty cook the potatoes, carrots, peas and beans until they can be mashed. Mash them until they are very fine. Add some oil and some masala of your choice. I prefer paprika, pepper, salt, and a pinch of garam masala. Once it is thoroughly mixed, coat with oil and cover with bread crumbs. Fry in oil or on a hot pan until golden brown.

Step 2: Making of the burger I prefer to coat the underside of my bun with butter. Layer the tomatoes, onions, lettuce and cheese and in the centre, the patty. Add mayonnaise between layers of your choice.

Step 3: Eat!!!! Eat your tasty vegan burger!!!!

K.Sukirthan

Grade 7 Calluna

CHOCOLATE CAKE

Ingredients (In cooker):

For Cake:

- ✓ 1.25 cup of sugar
- ✓ ½ cup of buttermilk
- ✓ ½ cup oil
- ✓ 1 tsp vanilla extract
- ✓ 2 cups maida
- ✓ 1 tsp baking powder
- ✓ ½ tsp baking soda
- ✓ ½ tsp salt
- ✓ ½cup unsweeted cocoa powder

✓ Water (as required)

✓ 1 tsp coffee powder

For Frosting:

- ✓ 2 cups heavy cream / whipping cream
- ✓ 1 cup icing sugar
- ✓ ½cup unsweeted Cocoa powder
- ✓ 1 tsp vanilla extract

Instruction:

Cake Preparation:

- First, in a large bowl take 1.25 cup sugar, ¾ cup oil, ½ cup buttermilk and 1tsp vanilla extract.
- Whisk and mix until sugar melts completely.
- Place a sieve and add 2 cup maida, ½ cup cocoa powder, 1 tsp baking powder, ¼ tsp baking soda, ¼ tsp salt and 1 tsp coffee powder.
- Sieve the flour making sure there are no lumps.

- Now using cut and fold method, mix the batter.
- Add water as much as required and prepare a smooth consistency batter.
- To prepare the cake in a pressure cooker add in 2 cup of salt and close the lid of cooker without keeping the gasket and whistle. Heat for 5-10 minutes. As a result, gives a preheat oven atmosphere.
- Now transfer the cake batter to a cake mould. Make sure to line a butter paper at the bottom to prevent from sticking.
- And also tap twice to level up uniformly and remove any air bubbles if present.
- Place the cake pan in the preheated cooker.
- Cover and cook on a medium flame for 45 minutes.
- Insert a toothpick and check if the cake has baked completely.
- Cool the cake and unmold the chocolate cake.

Chocolate Frosting:

- First, in a large bowl take 2 cup heavy cream. You can use whipping cream or any cream with 35% milk fat.
- Now add 1 cup icing sugar, ½ cup cocoa powder and 1 tsp vanilla extract.
- Beat on low speed using an electric beater until stiff peaks appear.
- Chocolate frosting is ready. Keep it refrigerated until use.

Chocolate Cake Decoration:

- Once the cake is completely cooled, level up the top.
- Spread the chocolate frosting softly on top and sides.
- Level up the frosting.

Enjoy your super moist chocolate cake!



A.G.Ridugarshini, Grade 7 Calluna

RICE & FRIED GRAM MURUKKU RECIPE

During lockdown, we got used to make our homemade murukku as our favourite snack. Fried gram is the roasted chanadal and is very nutritious.

Ingredients:-

- ✓ Rice – 2 cups
- ✓ Fried gram – ¼ cup
- ✓ Ajwain/omam – 1 tsp
- ✓ Asafoetida – 1 pinch
- ✓ Hot oil – 1 tsp
- ✓ Water and salt – as needed
- ✓ Cooking oil – to deep fry murukku
- ✓ Red chilli powder – ½ tsp (optional)

Method:-

1. Soak the rice for 4-6 hours. Grind them into fine paste.
2. Powder the fried gram and sieve them and add to rice flour .
3. Add Ajwain , Asafoetida, hot oil, salt and mix well.
4. Fill murukku press with dough and squeeze in hot oil. Deep fry both sides till bubbles stop.
5. Remove and drain in the tissue paper.

Our favourite yummy murukku is ready.

Gurushuthankan S.S

Grade 8

BUTTER COOKIES

TO MAKE DOUGH:

To make butter cookies the steps are as follows:

STEP 1: Take 1/2cup of butter and beat well.

STEP 2: Add 1 cup of wheat flour and ½ cup of powdered Sugar.

STEP3: Mix them all without adding any liquid (you will get a dough)

STEP 4: Spread the dough and cut it into your favorite shape.

TO BAKE IN OVEN;

Preheat the oven for 10 mins and bake at 350 degrees for 10-12 mins.

TO BAKE IN PRESSURE COOKER;

In a pressure cooker add one layer of salt and keep a stand in the centre of cooker on the salt. Preheat it for 10 mins by closing and without whistle. Then place the cookie dough in a plate greased with oil and place the plate on the stand and let it cook for 10 mins

FRESHLY BAKED COOKIES JUST FOR YOU.....



Sivaani.S

Grade 8

WAFER ROLL

TO MAKE WAFER ROLL:

TO MAKE BATTER;

In a mixing bowl add $\frac{3}{4}$ cup of all purpose flour, 3 tsp cocoa powder, $\frac{1}{2}$ cup of powdered sugar, $\frac{1}{2}$ tsp of baking soda, $\frac{1}{2}$ cup of milk 1 tsp vanilla extract and mix well (you will get a batter)



TO MAKE ROLLS;

Pour 1 tbsp batter in a frying pan and spread well then cook it for 30 secs, flip and cook for 10-15 secs. Roll the crepes using a straw.

FOLLOW THE SAME FOR WHOLE BATTER.....

TO BAKE;

Brush oil on a mould and place the rolls by removing the straw. Now take a strong pan and place a stand at centre of the pan and close it and preheat for 5-7 mins and place the rolls on a the stand with the mould and cook for 5 mins in low heat, flip and cover again cook for 5 mins.

TO MAKE CHOCOLATE FILLING;

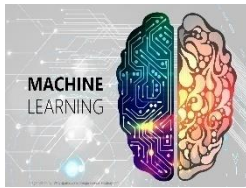
Boil water and place a bowl inside it and add chocolate and melt it. Now pour the melted chocolate into a piping bag and fill inside the roles.

CHOCOLATE ROLLS FOR YOU.....

Sivaani.S

Grade 8

MACHINE LEARNING



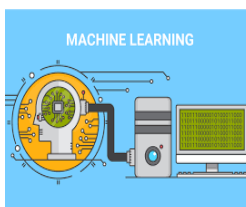
Machine learning is a subfield of artificial intelligence (AI). The goal of machine learning generally is to understand the structure of data and fit that data into models that can be understood and utilized by people.

Although machine learning is a field within computer science, it differs from traditional computational approaches. In traditional computing, algorithms are sets of explicitly programmed instructions used by computers to calculate or problem solve. Machine learning algorithms instead allow for computers to train on data inputs and use statistical analysis in order to output values that fall within a specific range. Because of this, machine learning facilitates computers in building models from sample data in order to automate decision-making processes based on data inputs.



Any technology user today has benefitted from machine learning. Facial recognition technology allows social media platforms to help users tag and share photos of friends. Optical character recognition (OCR) technology converts images of text into movable type.

Recommendation engines, powered by machine learning, suggest what movies or television shows to watch next based on user preferences. Self-driving cars that rely on machine learning to navigate may soon be available to consumers.



Machine learning is a continuously developing field. Because of this, there are some considerations to keep in mind as you work with machine learning methodologies, or analyze the impact of machine learning processes.

Mrs.A.Pavithra MCA, MPhil, B.Ed,
Teacher

PEEK A BOO....KNOWLEDGE GREW!!!

AMAZING WATER FACTS

1. Water is composed of two elements, Hydrogen and Oxygen.
2. Water covers around 70% of the Earth's surface.
3. NASA (National Aeronautics and Space Administration) has discovered water in the form of ice in the Moon.
4. Water expands by 9% when it freezes.
5. 70% of the human brain is water.
6. 7% of world's water is frozen and therefore unusable.
7. The freezing point of water lowers as the amount of salt dissolved in it increases. With average levels of salt, seawater freezes at -2°C(28.4°F).
8. Frozen water (ice) is lighter than water, which is why ice floats in water.
9. A person can live about a month without food, but only a week without water.
10. Water is precious. Preserve the water resources.

Nandhana A, Grade 4 Alfalfa

SPORTS ORGANISATION

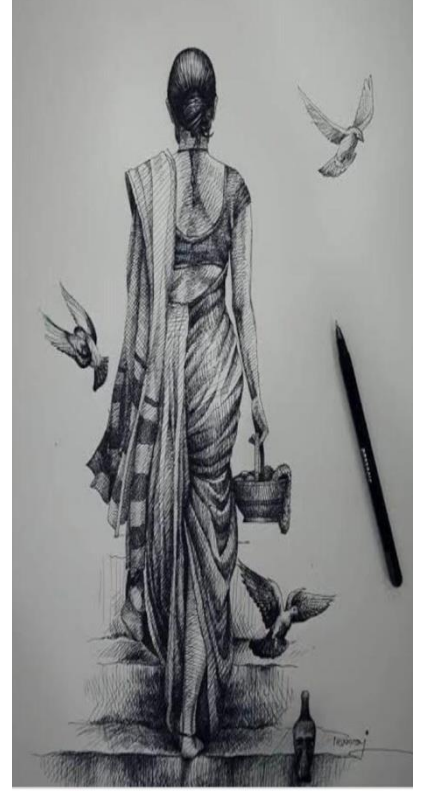
FIDE	Federation International Des Echecs	Chess
FIFA	Federation International de Football Association	Football
IHF	Indian hockey Federation	Hockey
ICC	International Cricket Council	Cricket
ITTF	International Table Tennis Federation	Table Tennis
BWF	Badminton World Federation	Batminton

Reeba sree . N Grade 8

அவள்

கண் விழித்தது முதல்
 கண் மூடும் வரை
 ஓய்வில்லை அவளுக்கு!
 ஓய்வில்லாது ஓடுகிறாள்.....
 ஆறாய் அல்ல!
 வீட்டின் தாயாய்.....
 மௌனமே அவளது மொழி!
 தொலைந்த பக்கமாகவே இருக்கிறாள்
 தேடிக்கொண்டே இருக்கிறோம் –

 அவளின் மறுபக்கத்தைக் காண!
 இதுவும் கடந்து போகும் என்பது
 வெறும் வரிகள் அல்ல!
 உனக்காகவே எழுதப்பட்ட
 விதியின் வரிகளே இவை!
 அவளது அன்பு ஒருபோதும்
 பொய்யானதில்லை!
 உண்மையானது அவளது
 கண்ணீர் மட்டுமே!
 சிறகுகள் உண்டு.....
 உயரப் பறக்காமல் திரிகிறாள்
 சிட்டுக்குருவியாய்...



தன் குடும்பத்தை மட்டும் சுற்றியே!

பூவைப் போல

மென்மையான அவளை

துளிரிலே கிள்ளி எறியாதீர்!

தலைமுறை வளர,

மாற்றம் தேவை எனில்

பட்டத்தைக் கொடுத்துப்

பறக்க விடுங்கள்!

விடுங்கள்

விட்டு விடுங்கள்

வளரட்டும் அவள்!

திருமதி.மாலதி.ஞா M.A.,B.Ed.,

ஆசிரியை

SCIENTIFIC FACTS THAT ARE PROVEN

- 1) The Eiffel Tower can be 15 cm taller during the summer.
- 2) A group of scientists have created a website asking aliens to send them an email so far they have only hoax messages.
- 3) Some metals are so reactive that they explode on contact with water Baby hippos can be born underwater or on land.
- 4) A jumping spider can jump 40 times its body length.
- 5) 90% of all recovered meteorites came from Antarctica because weather conditions preserve them.
- 6) The largest spider in the world is wider than a basketball.
- 7) Scientists have found the DNA of Jesus Christ .His body and blood still has the DNA.
- 8) Dolphins have between 80 and 100 teeth.

- 9) The first tomb empty is the tomb of Jesus Christ.
- 10) Some wild dolphins can play catch with coconuts.
- 11) Polar bears have no natural enemies.
- 12) A dolphin ‘‘sleeps’’ for about 8 hours a day although it is never fully unconscious only half of its brain is asleep at a time.
- 13) Sharks biggest fears are the dolphins.
- 14) All dinosaurs walked on their toes.
- 15) The biggest Dino eggs could hold about as much fluid as 85 large chicken eggs.
- 16) The gear of a fire fighter weighs about 60 pounds (27 kg).
- 17) Rarely seen fire tornadoes occur when intense heat and turbulent winds spur currents leading to whirling currents of air called eddies.
- 18) The Great Wall of China spans an estimated 5,500 miles that’s longer than the continent of Africa.
- 19) We can start a fire with the battery of a cell phone, steel, wool and dry sticks.
- 20) Sharks are attracted to strong smells including urine.
- 21) Lighting can travel through phone lines.
- 22) Snake venom was used to make two drugs that prevent heart attacks in human.

Kevin George Samson

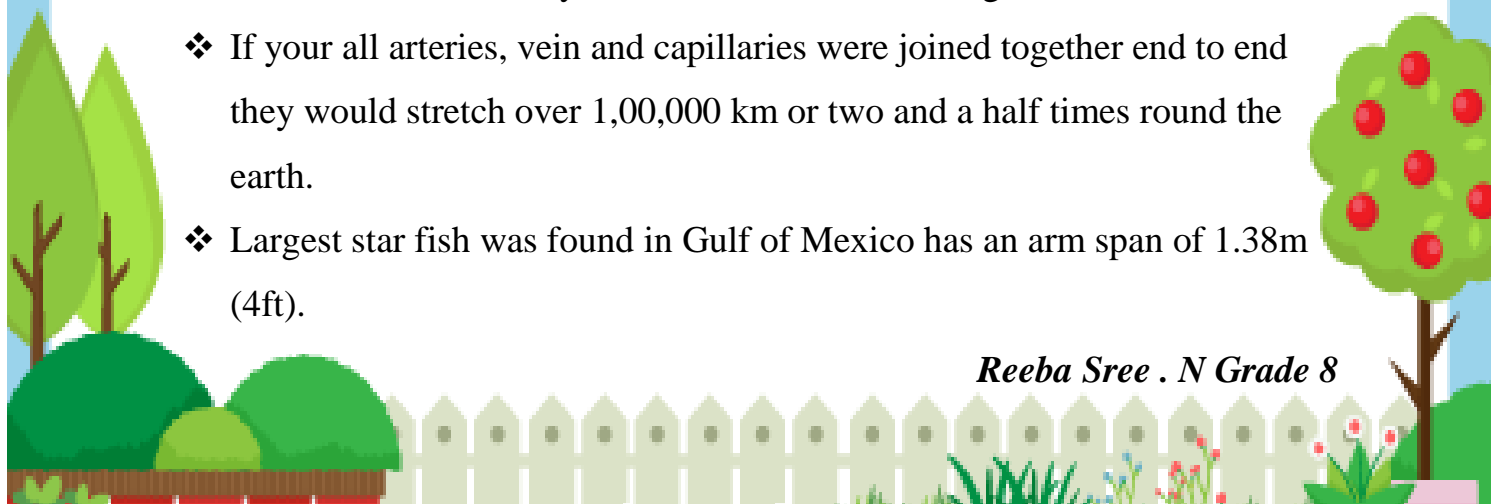
Grade 8



INTERESTING FACTS

- ❖ Golden fish turns white if they aren't exposed to sun.
- ❖ Movies were the people who worked on film.
- ❖ Icebergs contain more heat than a lit match.
- ❖ Honey is the only food that does not spoil. Honey found in tombs of Egyptian pharaohs has been tasted by archaeologists and found edible.
- ❖ World record for rocking non-stop chair is 480 hours held by Dennis Easterling of Atlanta, Georgia.
- ❖ Bagpipes were originally introduced by Romans.
- ❖ In 1876, Maria Spelterina was the first woman ever to cross Niagra falls on high wire .
- ❖ A famous bull fighter, Lagartijo killed 4867 bulls in 19th century.
- ❖ The space between your eyebrows is called as Glabella.
- ❖ A blink approximately lasts for 0.3 seconds.
- ❖ It's illegal to hunt camels in the state of Arizona.
- ❖ A person will burn 7 percent more calories if they walk on hard dirt road compared to pavement.
- ❖ Hendry Ford produced the model 'T' only in black because the black paint available at that time was the fastest to dry.
- ❖ About thirty four percent of Microsoft employees are Indians.
- ❖ After Canada and Mexico, Russia is the nearest neighbour to United States.
- ❖ Koala bear is not really a bear, but it relates to kangaroo and the wombat.
- ❖ If your all arteries, vein and capillaries were joined together end to end they would stretch over 1,00,000 km or two and a half times round the earth.
- ❖ Largest star fish was found in Gulf of Mexico has an arm span of 1.38m (4ft).

Reeba Sree . N Grade 8



READING- AN EVER-ENERGISING COMPANION

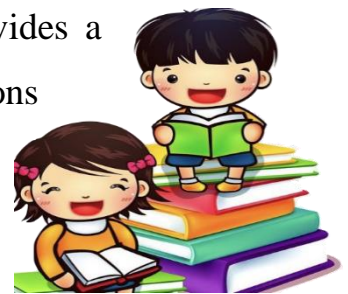
In the current world of pain, heartbreak and depression, we often feel this immense sense of isolation which we try to overcome with varied routines and habits. Of all these practices, one extraordinary way that a person can adopt is to cultivate the habit of reading. Be it an article or a novel or any other substantial reading material, the mere act of reading itself can prove to be a great medicine to beat the desolation we experience. Books are really a magic - a spell, cast by the eloquent writers that can communicate with our soul and take us to an entirely different world.



Taylor Swift, an American singer, once said "Books train your imagination to think big." Books can be of any genre; it can be fiction or non-fiction. As a well-known fact, reading can prove to be a great aid in improving one's knowledge and vocabulary. With perpetual and consistent efforts, reading can improve one's confidence and the way of talking and writing by enabling one to use new words and expressions. Apart from these, there are evidences that show beyond doubt that reading has therapeutic usefulness.



Let's dive a bit into the scientific side. Reading provides a sense of freedom, excitement, surprise and many other emotions which boost the dopamine level in our brain. The brain network has active centres, which when not given a specific task to do, goes into a state of frenzy and begins to worry and overthink things.



Books and reading can become our happy place and give us the satisfaction and relief that one can get from meditation and yoga. It is highly

important to inculcate the habit of reading from a very early age. Kids should be made to feel in such a way that reading becomes a part of the daily life rather than a task to be completed. On the whole, reading can be an excellent companion, doctor and a mentor that a person can wish for and even have with a little to moderate effort. Keep reading and keep growing!

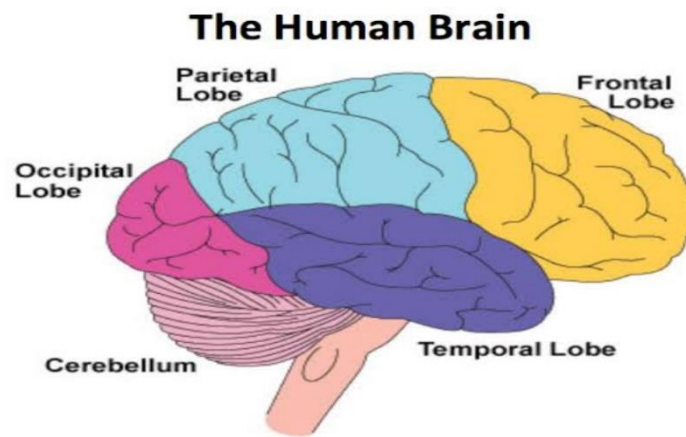
R.Sabi B.A., B.Ed
Teacher

THE HUMAN BRAIN

The brain is a complex organ responsible for most of our body's functions. Here are 10 interesting facts about the human brain.

- The average adult human brain weighs about three pounds and has a texture like firm jelly.
- Every time the heart beats, the arteries carry 20 to 25% of our blood to the brain.
- Every time we recall memory or have a new thought, we create a connection in the brain.
- There are 100 billion neurons (nerve cells) in the brain, but they make up only 10% of the brain. These neurons branch out into 100 trillion-plus trigger points, forming what experts call a “Neuron Forest”.
- Size doesn’t matter in the brain. There is evidence that a larger brain is smarter than a smaller brain.

- There are 100,000 miles of blood vessels in the brain. The distance around the world at the equator is only 24,900 miles.



- A joint study by Harvard University, Dartmouth college and the University of Aberdeen in Scotland found that the parts of the brain that control “task-unrelated thoughts” such as “daydreaming” are almost always active even when the brain is at rest.
- According to a study published in the New England Journal of Medicine, adults who participated in mind- challenging activities were 63 percent less likely to develop “Dementia”.
- Research has shown that women who are highly physically fit are 90 percent less likely to develop dementia than women who are moderately physically fit.
- The harder you think, the brain will use more oxygen from the blood (up to 50%).

Selvakarthisaa.S

Grade 8

DELICIOUS DATES

1. APPEARANCE OF THE WORD ‘ HAMBURGER ’ .

5 July 1896

For the first time ,an American newspaper used the term ‘hamburger steak sandwich’. Nothing to do with ‘ham’, the word referred to a steak popular with the residents of Hamburg in Germany. Soon it became ‘the national dish’ of the USA.



2. THE ESKIMO PIE OR THE CHOCO BAR .

24 January 1922

Christian K. Nelson, an American, invented a chocolate covered ice-cream stick. He got the idea when he saw a customer trying to choose between a chocolate bar and vanilla ice cream. After experimenting with ways to stick melted chocolate to bricks of ice cream, he first sold his invention as ‘I-scream bars’ and then trademarked it Eskimo pie.



3. Mr. KELLOGG MAKES CORNFLAKES.

7 March 1897

For the first time, Dr John H. Kellogg served cornflakes to his patients in the USA. He wanted to improve their nutrition. One day, he obtained flakes from a corn base fine paste, which he roasted in the oven. And thus, cornflakes were born!



4. THE OPENING OF THE FIRST MCDONALDS.

15 April 1955

The American restaurateur Ray Kroc opened his first McDonald's restaurant at Des Plaines in Illinois, USA. He took up the concept of fast food invented by the brothers 'Dick' and 'Mac' McDonald in California. The dishes, meant to be ready quickly, were to be eaten by hand.



5. THE ACCIDENTAL ICE CREAM CONE.

23 July 1904

Charles E. Menches, an American, invented the ice cream cone. During a trade fair in Saint-Lois, USA, he ran out of ice cream plates. Upon a suggestion from neighbouring vendors, he used a pastry cone instead, and added two dollops of ice cream.



R. Shrinithin

Grade 8



SCIENCE FACTS ON HUMAN BODY

- Your heart beats around 1,00,000 (1 Lakh) times a day.
- Every second, your body produces 25 million new cells.
- More than half of your bones are located in the hands, wrists, feet, and ankles.
- Infants are born with approximately 300 bones, but as they grow some of these bones fuse together .
- Human body is made up of 60% of water
- Teeth are considered as part of the skeletal system, but are not counted as bones.

S.Raam Siddharth
Grade 12

ARMADA OF WORDS

AMMU AND THE BABY HORSE

In a village there was a little girl named Ammu. One day, she went to the forest to play. There she found a baby horse all alone searching for its mother. That moment she felt sad for that poor baby horse. So, Ammu decided to find his mother. The baby horse's tummy was rumbling. Ammu found a fruit in a tree, and she climbed on the tree and plucked the fruit. She fed the baby horse. That baby horse had become a friend of Ammu. They walked into the forest in search of the mother horse. Finally they found the mother horse. The mother and baby horse lived happily together.

J.Maha Aaradhiya

Grade 2 Manuka

ACCESS NETWORKS

An **access network** is a type of network which physically connects an end system to the immediate router (also known as the “edge router”) on a path from the end system to any other distant end system. Examples of access networks are ISP, home networks, enterprise networks, ADSL, mobile network, FITH etc.

Types of access networks:

Ethernet – It is the most commonly installed wired LAN technology and it provides services on the Physical and Data Link Layer of OSI reference model. Ethernet LAN typically uses coaxial cable or twisted pair wires.

DSL –DSL stands for Digital Subscriber Line and DSL brings a connection into your home through telephone lines and a DSL line can carry both data and voice signals and the data part of the line is continuously connected. In DSL you are able to use the Internet and make phone calls simultaneously. **DSL** modem uses the telephone lines to exchange data with

digital subscriber line access multiplexer (DSLAMs). In DSL we get **24 Mbps** downstream and **2.5 Mbps** upstream.

- **FTTH** – Fiber to the home (FTTH) uses optical fiber from a central Office (CO) directly to individual buildings and it provides high-speed Internet access among all access networks. It ensures high initial investment but lesser future investment and it is the most expensive and most future-proof option amongst all these access networks.
- **Wireless LANs** – It links two or more devices using wireless communication within a range. It uses high-frequency radio waves and often include an access point for connecting to the Internet.
- **3G and LTE** – It uses cellular telephony to send or receive packets through a nearby base station operated by the cellular network provider. The term “3G internet” refers to the third generation of mobile phone standards as set by the International Telecommunications Union (ITU). Long Term Evolution (LTE) offers high-speed wireless communication for mobile devices and increased network capacity.

Mrs.V.Manimegalai M.Sc.,B.Ed.,
Teacher

“WHAT DO I WANT TO DO”

- **Introduction:**

I love my India. I am enjoying with my parents. But, want more in my locality.

- **Vehicles:**

I will make available all types of battery rechargeable vehicles and battery bunks, to reduce air pollution. Example: Tesla car



- **Road ways:**

I will make all roads neat and clean. Everyone should follow the road rules.



- **Environment:**

I want a green environment. I will not allow anybody to cut trees. More trees are needed to breathe clean air.



- **Healthy life:**

I will allow only healthy foods. No unhealthy foods should be sold in the shops. Example: Cool drinks, noodles, packed chips.



- **Conclusion:**

Everyone should take care of their own country.



K.Mohit Krishnaa

Grade 3 Calluna

GANDHI JAYANTI

Gandhi Jayanti is celebrated on 2nd October every year. On this day, in 1869, Mahatma Gandhi was born at Porbandar in Gujarat. He is called the “Father of the Nation”. A Special Prayer is held at Raj Ghat in Delhi on this day every year in his memory. As a nation, we celebrate this day as a non-violence day.

Harshetha Sree M

Grade 4 Alfalfa

TWO FROGS

Two frogs were playing on a rainy day. Slowly, they hopped and hopped and came into the house. There was a churn of milk. Both the frogs fell into the churn. Both the frogs tried for some time to come out. But in vain, one of the frogs lost hope and said “I can’t swim anymore and he drowned to the bottom”. The other did not lose hope. He kept on swimming. His movements churned the milk into butter. The frog climbed on to a pat of butter and hopped out of the churn.

MORAL: God helps those who help themselves

V.Nihantha

Grade 4 Calluna

MATHEMATICAL SCIENTISTS FROM INDIA

From making purchases to allocating your monthly pocket money to measuring quantities while cooking, all of us use math in our day-to-day activities even without realizing it. Have you ever wondered how these magical mathematical concepts have arrived & who are the people behind these inventions?

ARYABHATTA



Aryabhatta was the first person to say that the Earth is spherical and it revolves around the sun & stated the correct number of days in a year that is 365. He also gave the formula $(a + b)^2 = a^2 + b^2 + 2ab$. Further, he worked on the place value system using letters to signify numbers and stating qualities.

BRAHMAGUPTA

Introduction of zero (0) to mathematics, which stood for “nothing”, was the biggest contribution of Brahmagupta. He also explained how to find the cube and cube-root of an integer and gave rules facilitating the computation of squares and square roots.



SRINIVASA RAMANUJAN



Srinivasa Ramanujan was one of India's greatest mathematical geniuses. He made substantial contributions to Hardy-Ramanujan Littlewood circle method in number theory and worked on elliptic functions, continued fractions, partial sums, products of hypergeometric series and infinite series.

S.Faridha M.Sc., M.Phil., B.Ed,
Teacher

MY PERFECT GURU

Shiny brightness wakes us up everyday. Can you guess
who it is? You are right, The Sun's rays.

When I was a little baby I used to look up at the sun. It
was like a big golden ball up in the sky. I was told by my
great-grandmother that the sun is our first guru. He
teaches us the punctuality, importance of doing our duty
and goodness of vitamin D.

Also, she advised me everyday in the morning, to look at the sun
and to try to keep the eyes open for few seconds, with little
prayers.

Now she is no more but I practice it sincerely everyday.

Have a bright day!

J.MahaChaithanya
Grade 4 Calluna

THE DOG

Once, there was a big dog called Ninja. He was very kind, and he loved to play with the chickens grown by his owner. Ninja used to play with the chickens all the time. One day Ninja's master killed the chicken for his food and gave the leftovers to Ninja. Although Ninja was sad, he loved the taste of the chicken. From then, Ninja stopped playing with chickens but started to eat chicken. He was eating too much of chicken. So the owner told Ninja, "If you eat a lot of chicken, you might fall sick." So, Ninja was scared and stopped eating chicken. The owner ate all the chickens hiding from Ninja.

There was a kid called Kelly. She loved dogs. She was Ninja's neighbour and she used to play with him. She noticed that Ninja was not eating anything. She watched him closely for a month. Ninja was becoming very frail and weak. She asked Ninja's master whether the dog had any problem. She found that the owner had lied to Ninja about the chicken and she thought it as a 'poor dog'. Kelly felt very bad for Ninja. The next day she went to her house and took some chicken along with her. She ate in front of him and gave some to Ninja. She told him that he will not fall sick by eating chicken. Then she wrote on a paper that nobody would fall sick by eating a chicken. She asked him to show it to his master. Ninja faithfully showed it to the master.

The owner was shocked and thought, "How did he know this?" The owner felt sorry for lying to Ninja and shared a piece of chicken from his plate. Ninja felt happy and started eating well. He became healthy. Ninja remained loyal to his master forever.

Adrishta Somesh - Grade 4 Manuka

STEVE'S SPECIAL BIRTHDAY

Today is Steve, the eagle's birthday! However, he wasn't too happy. It was because he did not have friends to celebrate his birthday with him. So Steve flew into the jungle to find a new friend. Steve was exhausted. He flew for five hours. He was resting on a tree when he heard a scary ROAR! It was Duke, the lion. He did not like animals much and was scaring them away. Steve thought "May be he could be my friend!" He flew to Duke and asked "Can you..." He was interrupted by Duke. "No, I cannot hunt for you at all costs," he said. "Not that, I wanted to ask you if you wanted to be my friend," Steve replied. "Oh I guess I could have a friend," Duke said. "Thank you! I feel glad for your words. It really means a lot to me," Steve replied, filled with joy. Steve told Duke about his birthday and they celebrated the whole day.

THE END

Aditi Karthikeyan

Grade 4 Manuka

WE INDIANS!

Strength is always unity. We are as strong as we are united, as weak as we are divided. India is a land of unity. Unity can be seen in the nooks and corners of India. ***This is our strength!***



Suvas T V

Grade 10

AMAZING FACTS ABOUT BLACK HOLES

1. The force of gravity is so high in Black Holes that it leads to gravitational time dilation. This is a phenomenon where time slows down because of gravitational pull. Interesting fact is that time dilation can also occur when velocity increases.
2. Black Holes have something known as event horizon! There is some heavy scientific explanation behind this but let us put it in simple words. Event horizon refers to a 'point of no return'.
3. Black Holes are literally the densest objects to live in the universe (at least that's what is known to humans). So, how dense can a Black Hole get? Imagine what kind of density you will get if you try to squeeze in the entire mass of Earth in a small (we mean miniscule) sphere with a DIAMETER of 9 millimetres! That's the type of density we are talking about.
4. Black Holes can keep growing because anything (gas, liquid or solid matter) that enters the event horizon gets sucked in. Thus, Black Holes can grow infinitely large and they are known as super massive Black Holes.
5. Stephen Hawking theorized that even Black Holes emit something and that they emit radiation. This radiation is emitted by the mass of the Black Holes. According to Hawking, Black Holes keep losing their mass in form of radiations and eventually they evaporate!
6. Black Holes eventually shrink down to the size smaller than the size of an electron (a sub-atomic particle). At this stage it reaches a size what is known as Planck Length.
7. The event horizon is just the beginning of the Black Hole. It is not the core of the Black Hole. The core of the Black Hole is called Singularity. This point of Singularity is the ultimate destruction point. Absolutely nothing can survive at that point.

8. If something travels faster than light, it can actually escape Black Hole. Unfortunately, there is no such thing known to mankind.
9. At the point of Singularity, laws of Physics don't exist because it is literally not possible to conceive anything that will have infinite density but zero volume.
10. There are some scientific equations which end up suggesting that every Black Hole contains one universe. If that is true (this hasn't been proven yet), everything we know about Black Holes will change. AND, if that is true, we are right now living inside a Black Hole. 'We' here refers to the entire universe that keeps eluding us!
11. It is very likely that super massive Black Holes exist at the centre of almost every galaxy. Now that galaxies have a nasty habit of colliding with each other occasionally, even Black Holes do the same!
12. The Black Hole that is closest to our Earth is 16 quadrillion kilometres away from our planet. This is actually 1,600 light years (one light year is the distance travelled by light in one year).
13. Our Milky way (the galaxy of which our Solar System is a part) has a super massive Black Hole at its centre. It is known as Sagittarius A*
14. The Black Hole at the centre of our Milky Way has, according to the scientists, come to life after a star exploded 2 million years ago!
15. Black Holes are very much like spheres and not funnels as illustrated in many text books.

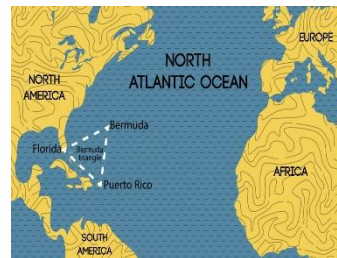
Mr. Shankar Ganesh B.E

Teacher

THE BERMUDA TRIANGLE

The **Bermuda Triangle**, also known as the **Devil's Triangle**, is a loosely defined region in the western part of the North Atlantic Ocean where a number of aircraft and ships are said to have disappeared under mysterious circumstances. Most reputable sources dismiss the idea that there is any mystery. Persons accepting the Bermuda Triangle as a real phenomenon have offered a number of explanatory approaches.

1. Compass variations
2. Gulf Stream
- 3 .Human error
4. Violent weather
5. Methane hydrates



But the mystery is still unknown

A.Aravind Kumaar - Grade 12

MY OWN AGRICULTURE FARM

I have a small farm. My grandma taught me how to plant certain vegetables. After that I saw the youtube videos and understood how to make a seed grow, I am slowly learning farming, I am doing this for past two years.

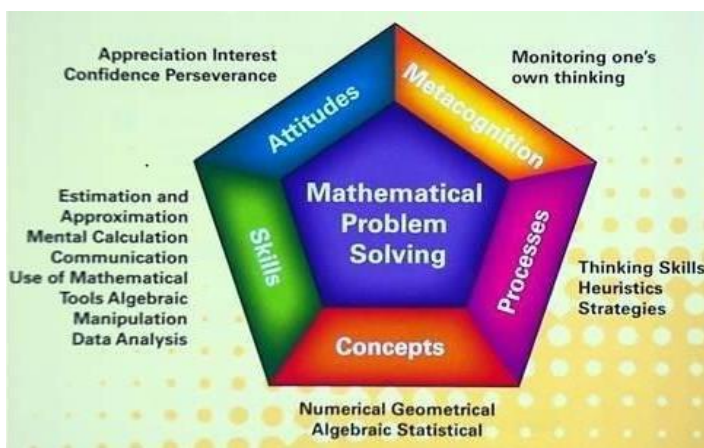
I have:

- ❖ Tomato plant
- ❖ Potato plant
- ❖ Brinjal plant
- ❖ Onion plant
- ❖ Garlic plant
- ❖ Cauliflower plant
- ❖ Cucumber plant
- ❖ Watermelon plant
- ❖ Greenchilly plant
- ❖ Grapes plant
- ❖ Lady Finger plant
- ❖ Pumpkin plant

These are all the plants I have. I learnt to make compost for these plants in my school when I was in fourth standard. I like my school “Honey Bunch” because they teach extracurricular activities. I am also interested in seeding.

Siddhanth.J, Grade 6 Manuka

MATHEMATICS FRAMEWORK



Mrs. V. Malarvizhi M.Sc., B.Ed,
Teacher

BULLET JOURNALING

What is Journaling?

- Journaling is a creative way to express yourself, as it incorporates colours, patterns and images.
- You can draw things you like and write what you feel. It can help you plan your days ahead of time.
- It has no rules, you can be creative and enjoy yourself.

What is Bull?

- It is a system that can help you keep track of the past, plan for the future and think about present.
- It helps you record everything from your day, your feelings and emotions and school assignments. It also includes a sketchbook and an idea generation space.
- It is like a notebook that tracks things in an orderly manner.



Ryder Carroll:

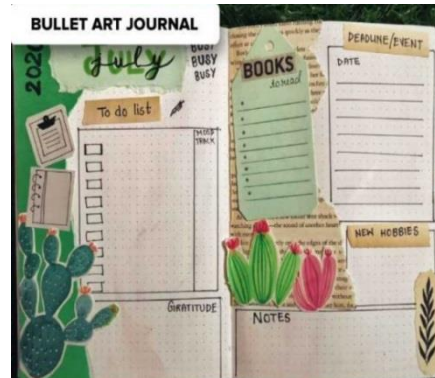
Ryder Carroll, a New York-based designer, set out to tackle his head on from his notebook. Ryder developed the bullet journal, an analogue system designed to be a to-do list, diary, notebook and sketchbook. Ryder Carroll began looking for a simple method of personal organization in college in the late 1990s. Diagnosed with attention deficit disorder as a child, he wanted a system to help “move past his learning disabilities.” By the time he graduated from college, he had devised the bullet journal method.



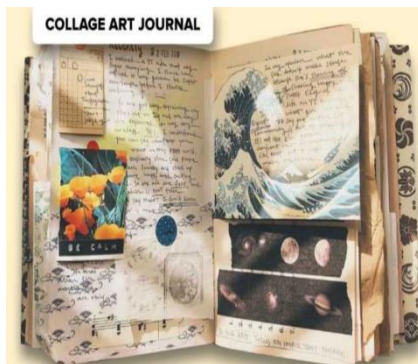
Types of Journals:



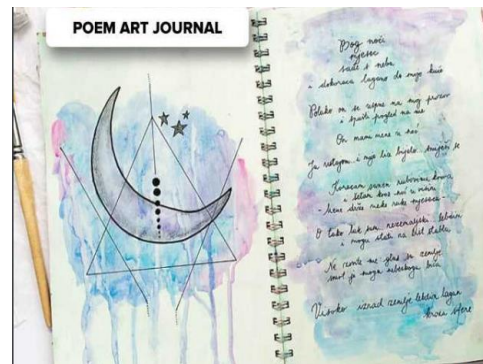
TRAVEL ART JOURNAL



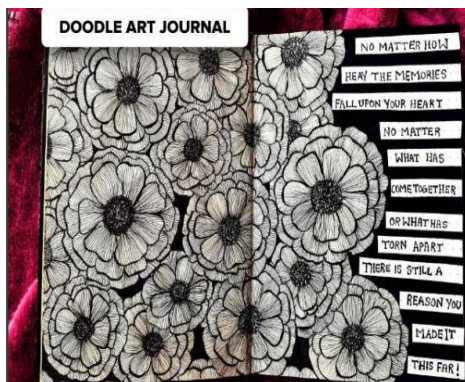
BULLET ART JOURNAL



COLLAGE ART JOURNAL



POEM ART JOURNAL



DOODLE ART JOURNAL



QUOTE ART JOURNAL

A.G.Riduvvarshini

Grade 7 Calluna

FOREIGN MYTHOLOGY

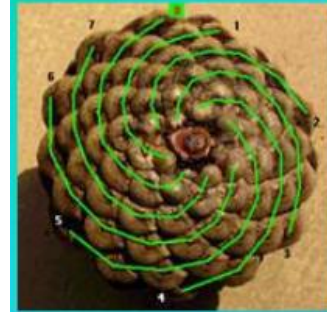
Myths and superstitions are found all over the world. These myths originated in prehistoric times. These myths feature great serpents, greater gods, fearsome demons, frosty giants and many more. The myths are the human imagination. People saw inexplicable phenomena and tried to find the reason behind them. When they found none, their imagination conjured up the missing links and created the lore that exists today. Each group of people had their own beliefs ultimately becoming religions and cultures. Lore is the story of these myths that can sometimes be real. One of the most unique religions was that of the ancient Egyptians. They had rich folklore and culture. Here is one of the more popular myths, that of goddess Isis, the enchantress.

Isis was the most powerful goddess in Egypt. Her brother Set, another powerful god, killed her husband Osiris and sought to murder her infant son Horus. To save her son, Isis was forced into hiding. But she was not alone. Serket, goddess of venomous creatures ordered seven of her fiercest servants to guard Isis on her mission. Isis emerged from a swamp, infant in hand, flanked by her scorpion guards. She first came to a lavish mansion, begging for food, but the mistress took one look at her grimy rags and her peculiar companions and slammed the door on her face. She headed further into that village and came across a woman who took pity on her and gave her what she could, a meagre meal and a straw bed. While Isis was sleeping, the scorpions plotted revenge for the humiliation faced by their divine mistress. They combined their venom and gave it to one of the seven, Tefen. Tefen rushed over to the mansion and stung the mistress's son in his sleep. The next day, Isis woke to wailing in the streets and saw the woman from the mansion carrying her dying son, asking someone to save him. Isis went up to her and started chanting a powerful spell. With each line the venom of one of the seven scorpions receded. After a few minutes, the boy stirred and woke up. The overjoyed mistress donated all of her possessions and wealth to Isis.

K.Sukirthan
Grade 7 Calluna

FIBONACCI SEQUENCE

- Leonerdo Fibonacci: an Italian mathematician who discovered a very special sequence of numbers that is known as The Fibonacci Sequence.
- The Fibonacci Sequence is 0, 1, 1, 2, 3, 5, 8, 13, 21, 34, etc. Basically you add 2 consecutive numbers starting at 0 to get a new number. This



sequences are found everywhere in nature, human, music and art.



- Pine cones show excellent Fibonacci sequence. There are 8 clockwise and 13 anticlockwise spirals
- In a cone flower, the number of spirals in the flower head going clockwise and anticlockwise is consecutive Fibonacci numbers.

Mr. V. Kaleeswaran M.Sc., B.Ed
Teacher

HOW TO OVERCOME BACK TO SCHOOL ANXIETY

We all know how hard it would be for us to make friends or just to talk to people on the first day of a new school. Many of us live a nomadic life of transfers. When your father/mother gets transfer you would have to leave your friends behind and move to a new place, strange place with unknown people. In this article I will be sharing tips to overcome this difficulty and make new friends. Stay calm and avoid anxiety. Anxiety can make one look awkward. Start by thinking everyone as your friend. If you feel uncomfortable, try to ask questions like “what’s your Name” or “what’s your favourite subject”. Try to communicate with those who live or sit near you. You might be able to make an easy friend out of your neighbour. You can pay the person compliments to make them like you. Discussing with your friends and family can help you control nervousness and they can motivate you. Knowing the location the people and their culture and traditions will help you immensely while moving. Do not dig deep into their personal life which may make them dislike you. Develop a mutual relationship. Maintaining a mutual relationship is key to an everlasting relationship. Similar people can become easy friends. Once you have a friend you can ask him about the place and its people. Local friends can help a lot. Helping and showing kindness to people can be the start of friendship.

K.Sukirthan

Grade 7 Calluna

THE DEADLY MISTLETOE

Baldur was the kindest, gentlest being in all of Asgard. He was the son of Alfater Odin and goddess Frigg. His very presence soothed the soul of everyone around him. But lately he had troubling dreams, dreams that foretold his death. Queen Frigg, wanting to defy these prophecies, went to every being, begging them to not hurt Baldur. All beings obliged and agreed to not hurt Baldur. Overjoyed, the queen threw a great celebration in the hall of Breidablik, her son's court. All started to test Baldur's immunity by hurling weapons at him. All were happy, except one. Loki. "Surely there must be a flaw in Frigg's plan." Loki thought. Disguised as an elderly women and feigning confusion, Loki asked, "why is everyone attacking poor Baldur, I thought all loved him." Queen Frigg explained his immunity but Loki pressed on. Finally, Frigg told him that she did not go to the mistletoe, for what god could fear simple mistletoe? Loki, overjoyed, ran to the forest to collect some mistletoe. When he got back, he saw Baldur's blind brother sitting sadly in a corner, for he could not join in on the fun. Sensing an opportunity, Loki gave him a bow and the mistletoe, guided his aim to Baldur and told him to shoot with all his might. The mistletoe pierced Baldur's chest and he dropped dead. His death could be felt all through the nine realms. Hermod the brave came forth to get back Baldur's soul from the realm of Hel herself. Once he reached Hel, she considered offering pity for the god, but she was curious. She asked Hermod to prove that every being mourned Baldur's death. He went to every beings Frigg had visited and asked them to mourn for Baldur's death. Every being wept, except for one. A terrible giantess refused to shed a single tear for the deceased. Hermod mourned a second time, but an echo rose above his wails. Everyone in Asgard knew Loki's twisted cackle. Hermod leapt down to punish Loki, but he took on the form of a salmon. His escape was guaranteed until Thor arrived. The two Gods tied Loki to a serpent which dripped venom on his eyebrow till the end of time for extinguishing Asgard's brightest light.

K.Sukirthan
Grade 7 Calluna

SHIVARATRI FESTIVAL

This is a day (mostly night) dedicated to lord Shiva. He is believed to have performed the Rudrathandavam, the cosmic dance of eternity. Devotees of Shiva throng Shiva temples through the day, fasting and Praying to the deity. Lingams, the usual form in which Shiva is represented in temples are ritually bathed in the 'Panchgavya' - the five sacred offerings of the cow – butter, sour milk, milk, urine and dung. This is followed by an offering of honey, curd, sugar, ghee and milk.

According to one legend, during the Kurmavathar (when lord Vishnu took the form of a tortoise), a pot of poison emerged from the ocean. This terrified the gods and demons as the poison was capable of destroying the entire world, and they ran to Shiva for help. To protect the world, Shiva drank the deadly poison. His consort Parvati, on seeing this, panicked and held his throat. The poison stayed at his throat. Because of it, his throat turned blue, and he was given the name NILAKANTA, the blue-throated one.

Shivratri is the celebration of this event by which Shiva saved the world. Devotees wake up throughout the night and spend the time chanting 'Om Namashivaya'.

M.Kanishka

Grade 8

A POWERFUL WEAPON IN THE HANDS OF CHILDREN

Covid-19 is a deadly virus which made the world upside down, many of them are suffering due to this. Mainly affected was the education system. Because of the lockdown and virus, the only way to teach children is through online. Hence, the powerful weapon mobile came to children and plays an important role in their life as it is the only way for their education. That's the reason children are forced to use mobile.

After the completion of online classes many of the children waste their time by watching mobile. They may not remember the time as they get trapped in the hands of mobile. They mostly get trapped because of some notification, messages etc... Another reason is students start to chat with their friends and it ends in gossip and they unknowingly waste their time.

We can handle it wisely by many ways; one such way is by having time limits and supervision of parents. And the main thing for student is to have self control while they watch mobile. We can also watch and spend time with parents when we use mobile so that they will insist or supervise us before we get trapped by it.

Thank you.

Reeba Sree . N

Grade 8



IMPORTANCE OF EDUCATION

Education is the only way to success and to have a good future. Every child has to be educated to learn about everything that inspires. Dr Abdul Kalam is one of the striking examples. He became a world famous scientist because of his education and hard work. Government schools have been providing free education and introduced mid- day meal scheme to promote the same.

Education, which is provided in the school, is very important. School library is the best way for one to gain general knowledge. Kamarajar, the former Chief Minister of Tamil Nadu opened many schools and helped many children in their way of attaining knowledge. As education is important in our life, every child should be educated.

Thank you

S.Rithvi Shri

Grade 8

I TURNED THE CHALLENGE INTO AN OPPORTUNITY WHEN...

Let me start with a quote by the former Prime minister of U.K Winston Churchill **“A pessimist sees the difficulty in every opportunity; An optimist sees the opportunity in every difficulty”**. The most important skill one can develop in life is the ability to turn challenges into opportunities. The way I see things is that I make an effort to turn everything away from negative aspects. If one can find a path without obstacles, it probably doesn't lead anywhere. Obstacles are necessary for success because victories come after struggles.

This is how these two words mean to be

Challenge: “An invitation to compete, whatever it may be.”

Opportunity: “A chance especially one that offers some kind of advantage towards a task”.

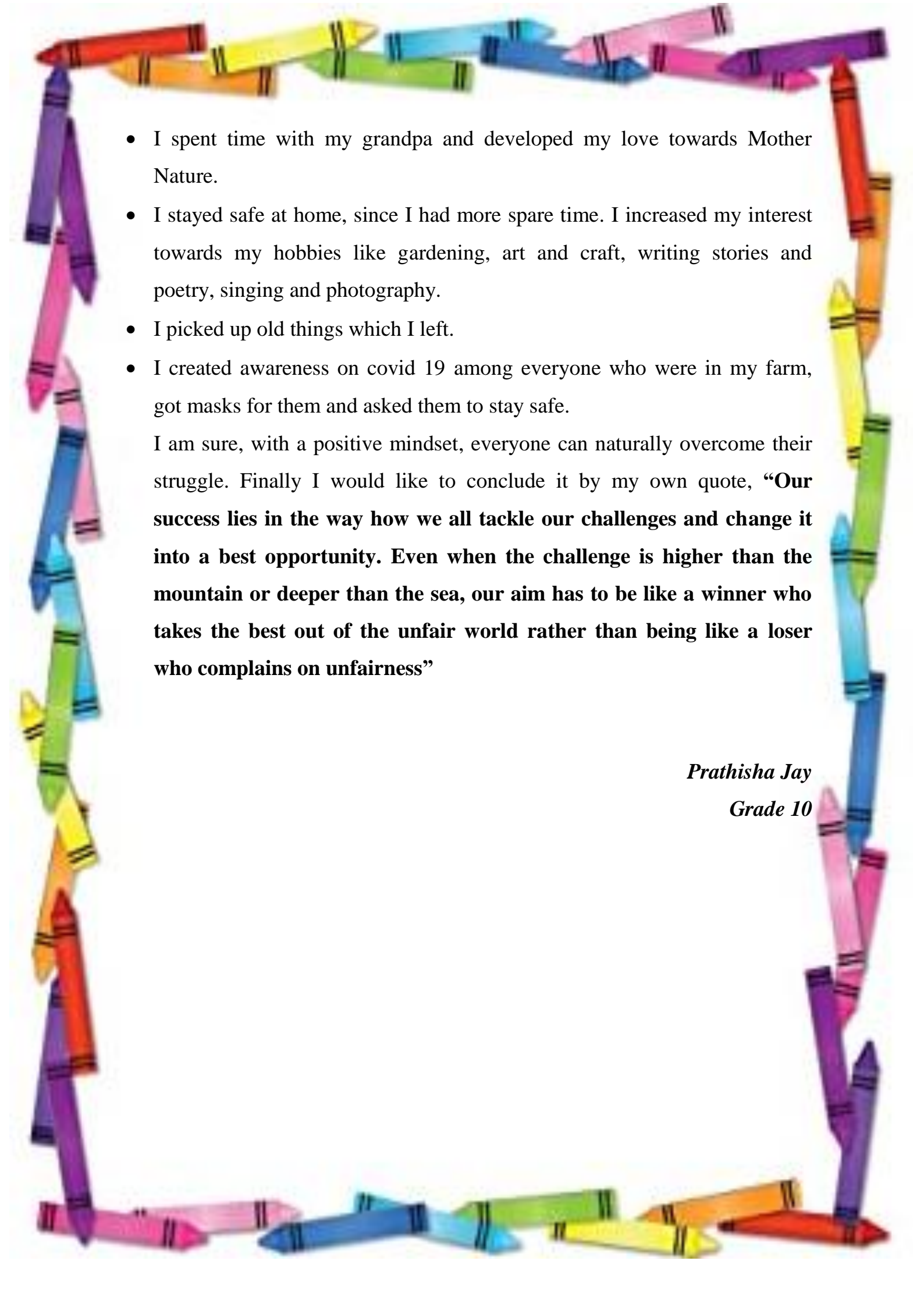
Covid 19 pandemic has been a huge challenge to the mankind, everything came to a standstill, and people were confined in their homes. I could say it without a shadow of doubt that everyone had their own challenges. It was not an exception for me too. This made a huge impact on me. At the beginning, I was not prepared or trained for this kind of situation. It was really hard to get accustomed to it.

Let me picturize it to you. A huge transition took place in me during this pandemic period .At first I began to get addicted to electronic gadgets. Finally as everyone knew, it lead to a different pace in me. Then slowly things got changed. In fact I got very depressed and stressed out. I felt lonely even though I lived in a joint family. Things got even worse. I got more aggressive with everyone, which showcased me as a terrifying figure to my younger cousins, got no sleep, sat idle and never showed interest in even picking my books. These all brought a **“different me”**.

One night something peculiar transpired. I saw gadgets all around dominating and bossing me, and then I started hearing a sound from the gadgets asking me to work for it with in the count of ten. I saw me standing there with fear which might have brought my pulse rate up to the sky. When I heard the number ten, I suddenly distinguished nothing except my parents beside me sleeping. I got up silently and wrote down what was actually happening around me. The next day I listed out my changes, then finally I envisioned that all these changes were only my challenges in which I was struck and this hid my ability. It was not a full stop for my “different me” and I began to believe in me. I started to accept all these challenges with a belief that **“Through difficulties and problems God gives us an opportunity to grow. Life is full of challenges, but these challenges are only given to us because God knows our faith.”**

At the beginning it was a bit hard to get everything right, but soon things came together, I imagined myself as a detective and I tried to solve my own case. These were the things which I learned to modify myself during this lockdown.

- I started to acquire new information and new facts to enrich my learning skills.
- I took small steps to achieve my biggest aims.
- I started to develop a new perspective and began to have different views on every single thing which I complained in the past.
- I reduced using gadgets and spent more time in reading books to enhance my knowledge
- I made my way voluntarily to everyone and interacted more with my family members.
- I built a new personality by analyzing my mistakes. .
- I involved more in physical activities.

- 
- I spent time with my grandpa and developed my love towards Mother Nature.
 - I stayed safe at home, since I had more spare time. I increased my interest towards my hobbies like gardening, art and craft, writing stories and poetry, singing and photography.
 - I picked up old things which I left.
 - I created awareness on covid 19 among everyone who were in my farm, got masks for them and asked them to stay safe.

I am sure, with a positive mindset, everyone can naturally overcome their struggle. Finally I would like to conclude it by my own quote, **“Our success lies in the way how we all tackle our challenges and change it into a best opportunity. Even when the challenge is higher than the mountain or deeper than the sea, our aim has to be like a winner who takes the best out of the unfair world rather than being like a loser who complains on unfairness”**

Prathisha Jay
Grade 10

WHAT IF, EVERYONE SLEPT FOR A 1000 YEARS AND THEN WOKE UP??



Sounds strange right?... so what if everyone really slept for a thousand years and then woke up? Firstly for us to sleep for such a colossal period of time, we humans must have the ability to 'Hibernate', but unfortunately, it doesn't work with us humans. But what if we could?

“So imagine that everyone in the world has decided to skip the next 10 centuries. The entire population of Earth goes down to specially built underground bunkers, and everyone settles into their comfortable beds. The last person awake sets the alarm clock for 1,000 years in the future and closes their eyes. The millions of robot helpers which the people say good night to are going to stick close to their sleeping masters. They'll monitor their condition and observe what happens to our planet. So the people don't leave anyone behind to look after our civilization. Their homes and offices and all of the world's cities are handed over to nature...”

Already after just one day of sleep, power plants all over the world begin to shut down. The lights of the cities go out. Now there's no TV or internet. The only bright spot left on the planet is in Las Vegas. It is powered by a hydroelectric power plant that can keep going unsupervised for quite some time but there's nobody left to party there and the neon lights shine down on empty streets.

A week later, raccoons start to appear in people's homes. There is no one to scare them off so they climb in your trash can and help themselves to your fridge. In fact, now they basically run your house. A domestic animal would have struggled to keep going without people for even one week. But unfortunately, everyone took their pets

down underground to snooze with them. Who wouldn't want to sleep for a thousand years with a cat curled up in their lap? Without electricity, refrigerators, and supermarkets and restaurants will stop working. Food and groceries will soon start to spoil. The bad smell will attract lots of different scavengers and pests.

A month has passed since the great snooze started. Nature is already beginning to break into large cities and I don't just mean the plants. The lions who live in the city zoos have realized that their enclosures are no longer electrified. They now rule our towns, walking the streets in search of prey.

A year later, without any people around. The world's ports are in chaos. Ropes have begun to tear and huge cargo ships are drifting free from their docks. Some of them collide with each other or smash into bridges and sink. The rats who lived on the cruise ships will finish off the leftover supplies and they'll start fighting with seagulls for scraps.

Five years of sleep. It is impossible to recognize our cities anymore. Vines and ivy have covered buildings and other plants have turned concrete streets into gardens. You can't hear the endless honk of car horns or the music from all the ads on Times Square anymore. All that is left is the bird song and the wind. Oh, and Las Vegas has long stopped lighting up as well. Normally astronauts control and correct the orbit of the international space station, but now they're asleep back on earth along with everyone else. The ISS soon enters the earth's atmosphere and falls to the ground.

Within 30 years, we'll lose London and Amsterdam. They were built on marshes that were kept dry by drainage systems. But now nature has got the upper hand and the streets slowly start to sink. From time to time, our vacant world sees big fireworks displays. Now nobody's celebrating anything. The problem is that forest fires get out of control and



sometimes they reach old warehouses full of these things. The results are quite impressive but there is no audience to watch them.

100 years of sleep, humanity is still only 10 percent of the way there but the world already looks as if we all disappeared centuries ago. Corrosion along with earthquakes is destroying some of our greatest achievements. The Golden Gate Bridge and the Brooklyn Bridge have collapsed. Big Ben, Burj Al Arab, and other iconic buildings will be left ruined after a century. Even incredible works of art like the Mona Lisa will begin to disappear right about now. Microscopic bacteria begin to eat the timeless painting and then they're joined by insects that find a way into her protective glass box.

300 years of sleep, all the storage devices that people once used to save information



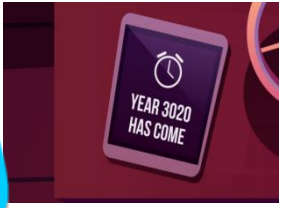
will be damaged beyond repair. Without flash drives, cds, or paper records, human history and culture will be lost. By that time, all the cars on earth will have been destroyed by corrosion, but their flat tires will continue to decay for centuries to come. 500 years of sleep, there are very few

buildings left on the planet. The Statue of Liberty has been destroyed. Washington has become a swamp and LA is a desert. The ruins of Venice are completely underwater.

Here comes the finish line, our planet has lived without human activity for exactly 1000 years. Our big cities are just green-coloured ruins. Most buildings are almost indistinguishable from piles of concrete trash but amazingly some structures that were built



thousands of years ago will still be intact. The Pyramids of Giza and The Great Wall of China still stand. The only surviving technology ever made by humans will be the moon rovers. They might end up being the only proof that our civilization ever existed.



And then the alarm clock finally rings. People wake up and have a good stretch after so much sleep. Their bunkers have maintained the perfect climate and they have everything they need to support life. People go up to the surface to see what has happened to their world. Of course,

everyone knew that the planet would be taken over by nature when they went to sleep. Now they face the challenge of building everything again. They have enough technology and knowledge left in their bunkers to do just that, but why did they go to sleep for a thousand years in the first place? Well, humanity agreed that it was time to leave the planet to rest a little. The atmosphere, the oceans, and the animals and plants are all a little healthier now. The worldwide snooze benefited nature. Wide animal populations are back to normal and almost all our plastic waste has decomposed. Although, there's still plenty of toxic waste buried all over the planet which will still be around for another few thousand years and humans have another opportunity to get it right.

R.Shrivanth

Grade 10

JOY OF LIFE

Life is always uncertain. No one knows what it would bring in front of you the next moment. This is McMoorin Goerge. Yes, you are thinking right. This is the world famous musician. However this story does not feature me, wondering why I am narrating this story!? Well you will find it soon. So the star of our story is Dr. Anaya Miller, an Indian based psychiatrist in San Francisco, a reputed doctor, one among the best and famous for healing people within no time. Anaya was leading a happy life by treating a lot of patients. This was due to one of her key characteristics - she speaks so sweetly that the person seated opposite will have no other choice than to start liking her.

Life was smooth till 2020 March. Yes it was the time when the novel corona virus was in its verge of mass spreading. All over the world countries started losing

their economic status and lots of people were left jobless. Similarly Anaya, though she was a doctor, experienced a mild psychiatric attack since her neighbourhood was totally COVID stricken. However Anaya managed to balance her mind and become stable. But still she was in a mild trauma. Anaya was used to socialising and an unanticipated shut down slowed her a bit. Nevertheless she did not skedaddle from the profession she was in and was entitled in serving people who were devastated by the shutdown. That's when she came across an Indian who was stuck in San Francisco due to the lockdown and who had no option of returning. His name was Kalingan who owned a small scale business in India.

Kalingan did not know how to stabilize his enterprise post this covid and was into deep stress. Kalingan's friend and Anaya's acquaintance, one Mr. Seamus introduced them to each other. Since then Kalingan has been under Anaya's observation and is undergoing treatment for his unbearable state. Kalingan had a sweet family and owned a construction firm which obviously required human labour. But this uncertain situation did not afford chance to use up that labour. Such an unprecedented scenario had altogether pushed Kalingan into a deep pit from which it will take years together to climb up. Thus it was natural for Kalingan to turn depressed. He had no idea what to do and was even ready to put a full stop to his life. It was the responsibilities he carried toward his family that prevented him from committing something foul. Initially during the lockdown like many others, Kalingan felt that in between such a hectic work schedule a break in the form of lockdown would work.

I think he was unlucky for he got stuck here in San Francisco and was unable to enjoy with his beloved ones. Besides the fact that his enterprise was now not working he felt more worried about what his family would do without him. Anaya had a huge responsibility of helping Kalingan emerge out of his closed thinking and deeply saddened mind. In the first instance Anaya being a prominent psychiatric

doctor thought of a treatment that had cured numerous patients within a small span. So she kind of started to incorporate that strategy with Kalingan. Anaya as she would generally do, begun knowing kalingan since those conversations may help him feel better. But Anaya was wrong.

The first step went in vain and created no impact on the latter's mind. It only increased his strain. Ms. Miller remembered Seamus telling that Kalingan loved reading Tamil books and enjoyed every essence it brought before us. So the next attempt was decided as to give Kalingan some famous yet rare collection of Tamil books that were available in San Francisco during the pandemic. Kalingan was glad to see those books and for a week or so he was busy reading and now had lesser time for worrying about nonsense. However the trouble rebooted once Kalingan finished all the books.

But this time the upshot was far more moderate than that was when she had been introduced to Ms. Miller. Days passed but Anaya could find no solution for Kalingan. She felt absurd about herself since she failed to cure her patient. This reality created a sense of determination inside the psychiatric physician to overcome the failure she had encountered with. So she decided to listen to something in the television. And guess what! When she switched the TV on, there came my song! So did you get an idea how I am related to this story? If not, sit back relaxed and continue listening! Destiny started playing its game. Soon when not even half of my 'No Matter what' song was over, Anaya cried with excitement. She had managed to find a way to anti-stress Kalingan.

Post lunch she went to meet Kalingan . Ms. Miller played an inspiring song in Tamil 'Manadhil Urudhi Vendum'. Hearing this Kalingan got up and stared straight into Anaya's eyes. Now Anaya knew exactly what to do. She asked Kalingan if he liked the song. It seems most of the tamil music listeners will like that song. So did Kalingan. Soon everyday Anaya played some Tamil music to entertain and soothe

Kalingan. Further for advancement in the treatment does anyone know what she did? Yes, Ms. Miller switched to songs sung and composed by the great nonpareil musician named McMoorin George.

Yep that is none other than your narrator. I was surprised to know that my songs sunk inside Kalingan far more than his native Indian music. Apart from the time they slept, throughout the day Anaya played my songs. She made Kalingan hear all my 45 songs nearly thrice. Kalingan started facing speedy recovery. And in no time Kalingan began to leave back his worries and day by day Anaya could find a charm in his face. He started to open up and speak well. He himself realised a refreshed and re-energised Kalingan within. Anaya requested Kalingan to always awaken this new and fresh Kalingan. In return Kalingan promised to do so until Anaya finished a favour for him.

Kalingan wanted to meet me badly. With the help of some influential people the both met me. Kalingan gave me his heartfelt thanks and indeed spoke so well that my eyes started to tear. So here we come to the present day. You all are listening to me from the Musical Meet. I have arranged this meet specially to thank musicians all over the world for giving such great songs. This pandemic has created a deep impact in all our minds. But the Musical tunes shoo them away and retain peace of mind. A salute to all the musicians out there.

Thank You

B.Alankritaa

Grade 12



EACH ONE TEACH ONE

“Education is the most powerful weapon which you can use to change the world” – Nelson Mandela. India is a country with a population of over 130 million people. Here, competition for work has grown in the recent years. Those who are born rich with all facilities are able to enjoy education, and other needs. But we all forget about the poor people who are not able to earn even for their livelihood. What we all do is just feel pity for them and give them food along with old used clothes. But their basic requirement is knowledge, which they don’t get due to insufficient financial capabilities.

Only some people help such people by educating them so that they can develop in life. By doing so, poverty is eliminated in the country too, contributing to development. Today education has become a basic requirement for life. Many people get privileges by birth, many don’t get. If the rich people lend hands to poor people by teaching them and making them learn, there would be no uneducated people in India. The rich people can do some help as much as they can to the poor so that they also will develop.

This removes the difference between the rich and the poor, and we all can live as humans. This contributes to enormous development of the country. So everyone can enjoy all privileges peacefully. Today we have our own country only because our ancestors have fought for us, sacrificing their lives. All we have to do is just educate and provide knowledge to the poor. It brings enormous change in the country.

Our country deserves to be the best. If each person educates a poor person, there’ll be no poverty in our country. India is known to be united. So, if we all join hands together, we can make it precious hearts. Let’s give it a try, shall we?!

JAI HIND!!!

A.Afsal
Grade 12



GRADE 1

Arpana Ramakrishnan - 1M



A.L.Prathiksha-1M



Arpana Ramakrishnan 1M



S.Yazhini - 1C



S.Yazhini - 1C



T.Dhityasri - 1C



Aarohi Karthick-1C

GRADE 2*A.K. Pranethi**G. Vinanya**B. Nandana**J. Maha Aaradhiya**S. Mahalakshmi**K. Nila**S.V. Ahil**J. Mithula**S. Laya*

GRADE 3



S.R. Johithvaibhav



Y. Jane kirubha



S. Ruthika



Arathiyaranjith



N.S. Anbuezhayan

GRADE 4



M. Kamali



Prarthna Ramakrishnan



K.A. Nithin



E.R.Srivalsini



J. Mahachaithanya



A.M. Vishwajit



P.Arulnidhi



K.R.Negha



G.Lakshana



M.Kamali

GRADE 5



Suthishka. P. S



S. Ashwanth



V. H. Charunethra



P. Shivani Shri



S. Ashwanth



P. S. Nikshita



S. Ashwanth



L.M.Nanda Kishore



L.M.Nanda Kishore



S.S.Keerthivardhanaa



L.M.Nanda Kishore



V.H.Charunethra

CURRENT SCENARIO OF SPORTS IN INDIA

INTRODUCTION

Between the feel of goosebumps and the fear of losing stands the nail biting crusade, be it in a stadium or on our couch - the emotion with which the whole country cheers is unparalleled. Sports has the power to bring in communities together under the same roof and as an opportunity for society to grow and let the divides get blurred.

BACKGROUND

But Indian Athletes have always suffered in bagging in medals for the country. India's performance at the Rio Olympics, won the country a bronze in wrestling and a silver in badminton. The country ranked 65 by total medals won. In comparison with some small world nations like Fiji, Armenia and Ethiopia, India fare real low stats at the Olympics.

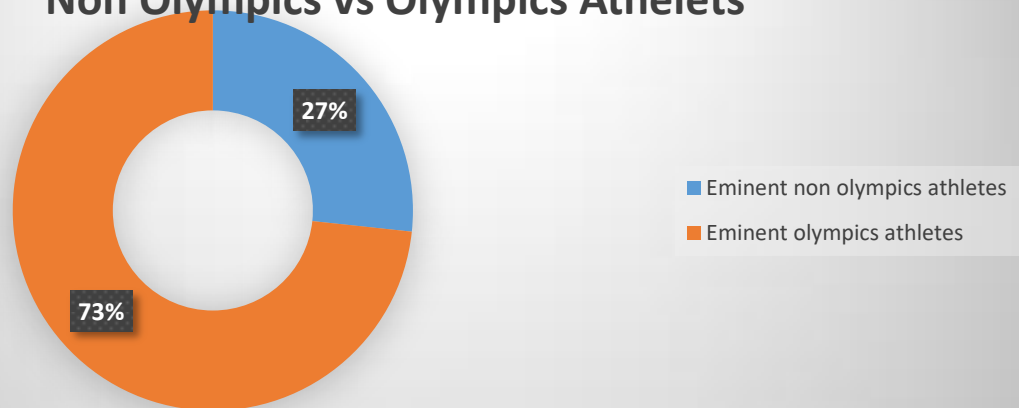
Moreover, on the medals to GDP and medals to population ratio, India ranked the lowest among all the nations that won a medal.

ISSUE

There could be a multiple reasons that could be associated with India's poor performance in the Olympics and sports in general: which may include infrastructural issues, poor governance, lack of awareness, physical connectivity and health facilities in rural areas, and Indians inclination towards just one sport - cricket and another main reason is our typical Indian mentality of opting Education over Sport as a career option.

Our government develops infrastructure and builds capacity to help produce quality athletes to represent India at international events, but all these schemes are specific primarily to the Olympic Sports. But Non-Olympic sports like Kho-Kho, Kabaddi, Ball Batminton etc., do not receive the same attention and training as the Olympic Athletes get which becomes a great issue for the Non Olympic Athletes, yet it could be observed that the ratio of eminent Non-Olympic Athletes to that of Olympic athletes is at a ratio as below given graph.

Non Olympics vs Olympics Athletes



SOLUTION

There is a direct relationship with Performance and the Training Methodology.

Training methodology in India is mostly Traditional and primarily focus on the Functional and Conventional methods, while in countries like the USA and China who are successful at the Olympics are more specific to scientific methods like - Bio-mechanics, Anaerobic and Aerobic Capacity and Anthropometry in understanding the Physiology of the Athlete first and focuses on improvising their agility and endurance based on these studies.

It would be a better option for our country to adapt these strategies into our training, so that we could have better chances in winning medals for our Country.

Ms.S.Kalaivani MA.,B.Ed.,D.P.Ed

Teacher

MUSIC AND ITS IMPORTANCE

Music is a friend, a motivator, an agitator, a stimulant, a therapist and a release for any situation in which it is needed. Music is a bank of emotions stored over the year by humanity just waiting to be experienced again by the next listener. It is the ultimate expression of human emotions and as so many great thinkers and musicians have stated, music conveys what word cannot. Music helps the children grow physically. As children listen and move to music, they develop gross and fine motor skills. Besides that music helps the children grow socially. As children participate in music they learn social skills like teamwork, tolerance, and respect for others.

Ms.B.Padmalatha DECE.,MA.,B.Ed, ADME, ADNE

Teacher

MIND MOCKERY - ANSWERS

1.1 RIDDLES ANSWERS

1. Your name
2. Lunch and dinner
3. Mushroom
4. Carrot

1.2 RIDDLES ANSWERS

1. Ear Drum
2. Because the bed won't come to you
3. Her eyes
4. Breath
5. John
6. Time
7. Name
8. Map
9. Stamp
10. Road on the hills

1.3 RIDDLES ANSWERS

1. A piano
2. A candle
3. A sponge
4. The future
5. A bank

1.4 FUNNY RIDDLES ANSWERS

1. Because they're scared of the mouse
2. They all got goose bumps
3. Because every seat has a fan in it
4. He won the "no-bell" prize!
5. Thunder wear.

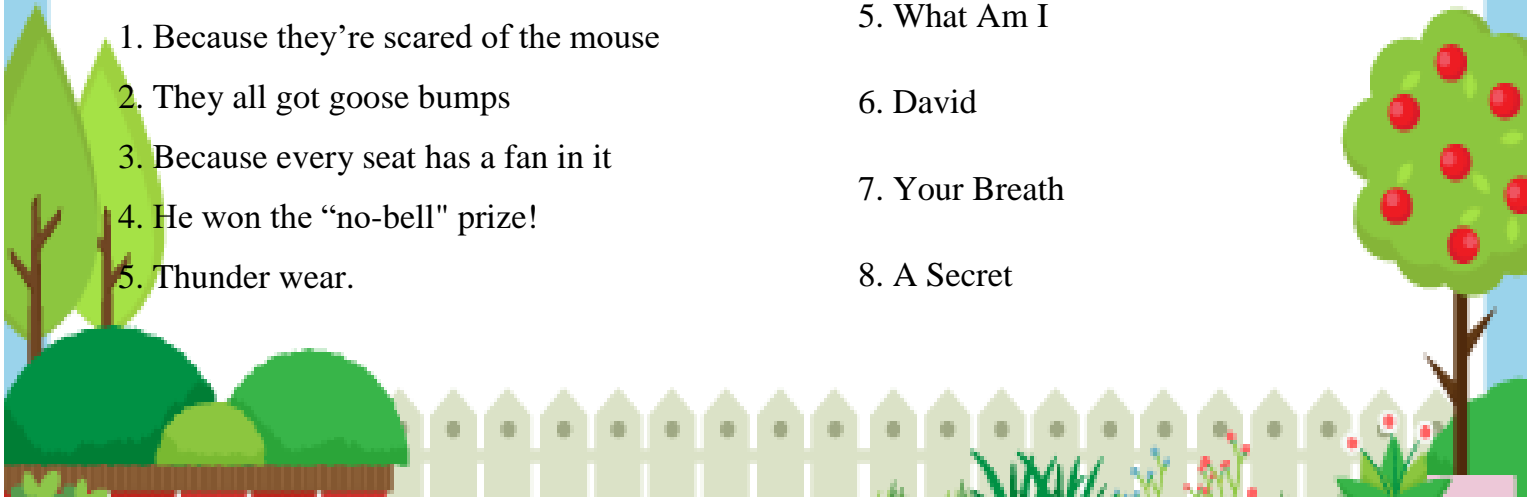
6. Cricket
7. They tend to crack under pressure
8. With ten- tickles
9. The river bank
10. A blast from the past

1.5 RIDDLES ANSWERS

1. A river bank
2. A Piano
3. A wave
4. A mattress
5. A blackboard
6. A fire
7. A battery
8. A comb
9. A doorbell
10. A needle

1.6 RIDDLES ANSWERS

1. Candle
2. Sponge
3. A Promise
4. He Was Born On 29th February
5. What Am I
6. David
7. Your Breath
8. A Secret



9. Your Name

10. Rubber Band

FUNNY QUESTIONS

1. Tomorrow
2. Liquid
3. A stamp
4. A coin
5. Advice
6. By sleeping during the night
7. A Bird can fly but a fly cannot bird
8. All the months have 28 days
9. Age
10. Because they have huge fans





Art by - M.Harini, 4 Calluna

*The more that you read, the more things you will know, the more
that you learn, the more places you'll go." – Dr. Seuss*



HONEY BEES of

**HONEY BUNCH
REACH FOR
THE
TOP!**

